

## youth athletics



Register by June 1 and receive a \$5 discount

# GYMNASTICS MINI SESSIONS

### SESSION A

June 11 - June 30  
Deadline June 1

### SESSION B

July 9 - July 28  
Deadline June 29

### SESSION C

Aug, 13 - Sept. 1  
Deadline August 3



Jo Witucki  
Gymnastics Coordinator

## Gymnastics Camps

Munchkin Gymnastics Camp	July 2-6 (no camp on July 4)
All Girls Sports Camp	July 2-6 (no camp on July 4)
Gold Gymnastics Camp	July 30-August 3
Cheer Camp	August 6-10

## Intro to Gymnastics

Classes focus on self-confidence, body awareness, gross motor skills, basic tumbling, and an introduction to gymnastics equipment. Children progress at their own pace and feel a sense of accomplishment as they explore the amazing world of tumbling and gymnastics. Our goal is to provide a fun and safe environment where children can excel and build self-confidence.

<b>Beanie/Teddy Bears</b>	(Co-ed)	3 yrs. – 3yrs. 11 mos.
<b>Koala/Kodiak Bears</b>	(Co-ed)	4-5yrs.
<b>Grizzly/Cubs &amp; Bears</b>	(Boys)	3-5yrs.
<b>Beginners 1 &amp; Beginners 2</b>	(Co-ed)	Entering 1st grade & up
<b>Boys Gymnastics</b>	(Boys)	Boys entering 1st grade & up

## Advanced Level Gymnastics Classes

*(Consent Required)* Classes focus on technique, strength, flexibility and advancement of skills in tumbling and on gymnastics equipment. Our goal is to provide a fun and safe environment where your child can excel and build self-confidence.

**Panda/Polar Bears**  
(Girls) age 4-5yrs. (NOT in kindergarten) *(Consent Required)*

**Beginner 3**  
Beginners 3 (Girls) 1st grade & up; *(Consent Required)*

**Intermediates**  
Intermediates (Girls) 1st grade & up; *(Consent Required)*

## Gymnastics Open Gym

Open gym is for children in first grade & up. Six-year-olds in kindergarten that have been actively enrolled in our Polar Bears may also participate.

**When:** Saturdays  
**Time:** Varies-please call or ask instructor  
**Cost:** \$10 for member gymnasts per day  
\$15 for non-member gymnasts per day

An open gym waiver must be signed by parent/guardian and a med-form filled out before participating.

## Munchkin Camp

All gymnasts interested in learning and training in a camp setting are welcome. The purpose of the camp is to expose developmental gymnasts to all facets of the sport in a positive and fun environment. Camp includes four formal class instructions (vault, bars, beam and floor) with open gym. Deadline is June 22.

**Location:** Gymnastic Center  
**Instructor:** Gymnastics Staff **MIN/MAX: 10/20**

Age	Day	Time	Date	R/NR Fee	Code #
4-5	M,Tu,Th,F	8:30-11:30A	7/2-7/6*	\$55/75	402801-A1

## Gold Gymnastics Camp

Gymnasts are exposed to all facets of the sport in a positive and fun environment. Camp includes five formal class instructions (vault, bars, beam, floor and dance) with open gym. This camp goes swimming Tuesdays and Thursdays, weather permitting. Registration deadline is July 20 to guarantee a T-shirt.

**Location:** Gymnastic Center  
**Instructor:** Gymnastics Staff **MIN/MAX: 15/45**

Age	Day	Time	Date	R/NR Fee	Code #
6-12	M-F	8:30-3:30P	7/30-8/3	\$129/149	402802-A1



### Please Note:

- The gymnastic coaches reserve the right to place gymnasts into the class best-suited to their abilities. If the gymnastics coach feels your child has been placed in the wrong class, he or she will notify you of the necessary change.
- If your gymnast missed one or more sessions, your gymnast **MUST** be tested in order to re-enter the same level class.
- Classes that require **CONSENT** means that the gymnast has fulfilled the skill requirements and has been approved by their instructor to move up to the next level.
- To schedule a skill evaluation, e-mail Miss Dawn at: [BGC.MissDawn@gmail.com](mailto:BGC.MissDawn@gmail.com).
- Gymnastics and tumbling teams' parents must attend a Score 6 class prior to their child's participation in gymnastics. Please see page 26 for Score 6 information and times.

### Leotard Sale

June 11-23

### Gymnastics Attire

Girls: Leotard or unitard, hair tied up  
Boys: Shorts & T-shirts/tank top  
**NO BAGGY CLOTHES OR JEANS ALLOWED.**

Instructors: Amber, Karli, Jessica, Mary

## Private Gymnastics & Tumbling Lessons

Private gymnastics and tumbling lessons are available on a limited basis on Sundays. Call Jo at (630) 529-3650 to schedule a private lesson. Private gymnastics lessons include four, one-hour lessons. Private tumbling lessons include four, 50-minute lessons. Both include warm-ups, equipment time and conditioning. Private lessons are on a first-come, first-serve basis as time slots become available.

**Gymnastic Lessons: R/NR \$80/100**

**Tumbling Lessons: R/NR \$60/80**

**Locations: Blue type indicates Jr. Gym; Black indicates Gymnastic Gym**

## Competitive Travel Teams

INSTRUCTOR'S CONSENT REQUIRED

The Beamer Teams are entering their 33rd year of the Illinois Park District Gymnastics Conference (IPDGC). We have two different competing teams: Tumbling and Optionals. Our competitive teams require a year-round commitment. For more information, please contact Miss Jo or Miss Dawn.

Illinois Park District Gymnastics Conference (IPDGC)

Check us out at [www.ipdgc.org](http://www.ipdgc.org).

Check out our Facebook at [facebook.com/bloomingdaleparkdistrict](https://www.facebook.com/bloomingdaleparkdistrict), then go to the photo albums.

Class	Day	Time	Min/Max	MINI A		MINI B		MINI C	
				R/NR Fee	Code	R/NR Fee	Code	R/NR Fee	Code
Beanie/Teddy Bears (co-ed) 3yr olds	Mo	10:30-11:10A	4/7	\$23/34	407101-A1	\$23/34	407101-B1	\$23/34	407101-C1
	Th	6:00-6:40P	4/7	\$23/34	407101-A2	\$23/34	407101-B2	\$23/34	407101-C2
	Sa	10:30-11:10A	4/7	\$23/34	407101-A3	\$23/34	407101-B3	\$23/34	407101-C3
Koala/Kodiak Bears (co-ed) 4-5yrs	Mo	11:15-12:15P	5/8	\$26/39	407103-A1	\$26/39	407103-B1	\$26/39	407103-C1
	Th	6:45-7:45P	5/8	\$26/39	407103-A2	\$26/39	407103-B2	\$26/39	407103-C2
	Sa	11:15-12:15P	5/8	\$26/39	407103-A3	\$26/39	407103-B3	\$26/39	407103-C3
Grizzly/Cubs Bears Boys 3-5yrs	Th	10:45-11:45A	5/8	\$26/39	207105A1	\$26/39	207105B1	\$26/39	207105C1
Beginners 1 (co-ed) First grade and up	We	7:15-8:30P	5/12	\$29/44	407202-A1	\$29/44	407202-B1	\$29/44	407202-C1
Beginners 1/ 2 (co-ed) First grade and up	Th	9:00-10:30A	5/12	\$32/48	407203-A1	\$32/48	407203-B1	\$32/48	407203-C2
	Sa	9:00-10:30A	5/12	\$32/48	407203-A2	\$32/48	407203-B2	\$32/48	407203-C2
Boys Gymnastics First grade and up	M	4:00-5:30P	5/10	\$32/48	207213A1	\$32/48	207213B1	\$32/48	207213C1
Panda/Polar Bears (girls) Consent Pre-K and kindergarten	Tu	9:00-11:00A	5/8	\$41/61	407104-A1	\$41/61	407104-B1	\$32/48	407104-C1
	Tu	9:00-10:30A	5/8					\$32/48	407104-C2
	Th	1:00-2:30P	5/8						
Beginners 2 (co-ed) Consent First grade and up	Mo	4:00-5:30P	5/12	\$32/48	407205-A1	\$32/48	407205-B1	\$32/48	407205-C1
Beginners 3/Intermediates (girls) Consent First grade and up	Sa	10:30-12:30P	5/12	\$41/61	207205-A1	\$41/61	407205-B1	\$41/61	407205-C1
Beginners 3 (girls) Consent First grade and up	W/F	9:00-10:30A	5/12	\$50/70	407206-A1	\$50/70	407206-B1	\$50/70	407206-C2
	W/F	4:00-5:30P	5/12						
Intermediates (girls) First grade and up Consent	W/F	8:30-10:30A	5/12	\$60/80	407207-A1	\$60/80	407207-B1	\$60/80	407207-C2
	W/F	4-6P	5/12						
Cheer Tumble 6-14 yrs.	W	4:00-5:30pm	5/12	\$50/60	407217-A1	\$50/60	407217-B1	\$50/60	407217-C1
High School Cheer Tumble	W	11:15-12:30P	5/12	\$60/70	407216-A1	\$60/70	407216-B1		
Travel Teams Tumbling Team (co-ed)	Th	4:00-5:30P	5/30					\$41/61	207214-C1
Training Team Consent	W,F W,F	8:30-11:30A 4:00-7:00P	5/15 5/15	monthly	507210 -A1			monthly	507210-A1
Optional Team Consent	M,Tu,Th	5:30-8:30pm	5/24	monthly	507212-A1				
Private Lessons Gymnastics Tumbling		schedule date & time	1/1 1/1	\$80/100 \$60/80	207215-A1 207215-A2	\$80/100 \$60/80	207215-A1 207215-A2	\$80/100 \$60/80	207215-A1 207215-A2