

General Information

The Oasis Swim Academy offers a complete curriculum that encourages students to succeed and develop skills. Swim lessons teach participants how to be safe in and around the water while providing fun and fitness. Check each level to choose the correct placement for your swimmer. The Swim Lesson Coordinator reserves the right to place the participant in the class best-suited to his or her ability.

Location: The Oasis Instructor: Oasis Staff

Session Dates (Group Lessons Ages 5-12)

Session A, E 6/18-6/27, rain dates 6/28, 6/29 Session B 7/9-7/18, rain dates 7/19, 7/20

Session F 7/9-7/19, (no class 7/11), rain date 7/20

Session C. G 7/23-8/1, rain date 8/2

Drop-Off Guidelines

Upon arrival please check the lesson locater at the Oasis admission desk. Escort your child(ren) to the deck area designated for his/her level and remain with him/her until his/her name has been called and the instructor has arrived. Once your child is with his/her teacher, parents should proceed to the designated parent viewing area. In 'Cuda Cove, parents may view from the bleachers; and in Mango Bay, parents may view from the chairs on the north side of the deck. Siblings must remain with an adult at all times. Thank you for your cooperation.

Swim Lesson Cancellation Procedure

- Classes will be cancelled only in the event of severe weather or extreme cold.
- Rain dates will be made up as time permits.
- Refunds/credits will not be issued for missed lessons or rain days.
- Call (630) 339-3568 no more than 30 minutes before your swim lesson time to inquire about its status.

Little Squirts

The purpose of this course is to foster a comfort level in the water in young children while at the same time training parents/caregivers in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water. It does provide a confidence-building and fun-loving experience. One parent or trusted caregiver must be in the water with each child. Swim diapers are required. This is a four-day program. Rain dates will be made up as time permits.

Age	Day	Time	Date	R/NR Fee	Code #
1-2	M-Th	10:25-10:55A	7/9-7/12	\$39/59	405109-B1
1-2	M-Th	7:05-7:35P	7/9-7/12	\$39/59	405109-F1
1-2	M-Th	10:25-10:55A	7/23-7/26	\$39/59	405109-C1
1-2	M-Th	7:05-7:35P	7/23-7/26	\$39/59	405109-G1

Little Nemos (Pre-K)

This program is designed to develop a comfort level in the water. Safety awareness is included in each lesson. Children are encouraged to progress at their own pace in this small group setting. Upon completion each child receives an accomplishment certificate and ribbon. Student-to-instructor ratio is 3:1. Rain dates are made up as time permits. Ages 3-4.

Skills taught include:

- blowing bubbles
- water entry and exit
- kicking
- assisted front/back glide
- assisted front/back float
- beginning arm movement
- holding breath
- submersion
- proper lifejacket use
- safety awareness

Age	Day	Time	Date	R/NR Fee	Code #
AM					
3-4	M-F	9:00-9:35A	6/18-6/27	\$49/69	405108-A1
3-4	M-F	9:40-10:15A	6/18-6/27	\$49/69	405108-A2
3-4	M-F	10:20-10:55A	6/18-6/27	\$49/69	405108-A3
3-4	M-F	9:00-9:35A	7/9-7/18	\$49/69	405108-B1
3-4	M-F	9:40-10:15A	7/9-7/18	\$49/69	405108-B2
3-4	M-F	10:20-10:55A	7/9-7/18	\$49/69	405108-B3
3-4	M-F	9:00-9:35A	7/23-8/1	\$49/69	405108-C1
3-4	M-F	9:40-10:15A	7/23-8/1	\$49/69	405108-C2
3-4	M-F	10:20-10:55A	7/23-8/1	\$49/69	405108-C3
PM					
3-4	M-F	7:05-7:40P	6/18-6/27	\$49/69	405108-E1
3-4	M-F	7:05-7:40P	7/9-7/19*	\$49/69	405108-F1
3-4	M-F	7:05-7:40P	7/23-8/1	\$49/69	405108-G1

*No class 7/11



the oasis swim academy

Bubblers (Level 1)

This level is designed to help the non-swimmer feel comfortable in the water. Upon successful completion of this level, each child receives a level wristband. Student-to-instructor ratio is 6:1. Rain dates will be made up as time permits. Ages 5-12.

Skills taught include:

- blowing bubbles
- water entry and exit
- kicking
- · assisted front/back glide
- assisted front/back float
- beginning arm movement
- holding breath
- submersion
- proper lifejacket use
- safety awareness

Age	Day	Time	Date	R/NR Fee	Code #
AM	-				
5-12	M-F	9:40-10:15A	6/18-6/27	\$45/65	405108-A2
5-12	M-F	10:20-10:55A	6/18-6/27	\$45/65	405108-A3
5-12	M-F	9:40-10:15A	7/9-7/18	\$45/65	405108-B2
5-12	M-F	10:20-10:55A	7/9-7/18	\$45/65	405108-B3
5-12	M-F	9:40-10:15A	7/23-8/1	\$45/65	405108-C2
5-12	M-F	10:20-10:55A	7/23-8/1	\$45/65	405108-C3
PM					
5-12	M-F	7:05-7:40P	6/18-6/27	\$45/65	405108-E1
5-12	M-F	7:05-7:40P	7/9-7/19*	\$45/65	405108-F1
5-12	M-F	7:05-7:40P	7/23-8/1	\$45/65	405108-G1

^{*}No class 7/11

Bobbers (Level 2)

This level is designed for children who are comfortable in the water. Prerequisites are ability to fully submerge head for five seconds and enter and exit the water without assistance. Upon successful completion of this level, each child receives a level wristband. Student-to-instructor ratio is 6:1. Rain dates will be made up as time permits. Ages 5-12.

Skills taught include:

- · retrieving objects
- front/back glide
- front/back float
- continued arm movement
- proper lifejacket use
- beginning breathing
- safety awareness
- kicking
- turning from front to back and back to front

Age	Day	Time	Date	R/NR Fee	Code #
AM					
5-12	M-F	9:40-10:15A	6/18-6/27	\$45/65	405108-A2
5-12	M-F	10:20-10:55A	6/18-6/27	\$45/65	405108-A3
5-12	M-F	9:40-10:15A	7/9-7/18	\$45/65	405108-B2
5-12	M-F	10:20-10:55A	7/9-7/18	\$45/65	405108-B3
5-12	M-F	9:40-10:15A	7/23-8/1	\$45/65	405108-C2
5-12	M-F	10:20-10:55A	7/23-8/1	\$45/65	405108-C3
PM					
5-12	M-F	7:05-7:40P	6/18-6/27	\$45/65	405108-E1
5-12	M-F	7:05-7:40P	7/9-7/19*	\$45/65	405108-F1
5-12	M-F	7:05-7:40P	7/23-8/1	\$45/65	405108-G1

^{*}No class 7/11



See camp insert in the middle of this program catalog for Jr. Lifeguard Camp.

Floaters (Level 3)

This level is for students who are comfortable in the water with an emphasis placed on the coordination of breathing and proper arm movement. Prerequisites are ability to independently float on front and back for 10 seconds and swim with arm movement for five yards. Upon successful completion of this level, each child receives a level wristband. Student-to-instructor ratio is 6:1. Rain dates will be made up as time permits. Ages 5-12.

Skills taught include:

- coordination of front crawl with breathing
- treading water
- elementary backstroke
- safety awareness
- deep-water activities with a life jacket
- back crawl

Age	Day	Time	Date	R/NR Fee	Code #
AM					
5-12	M-F	9:40-10:15A	6/18-6/27	\$45/65	405108-A2
5-12	M-F	10:20-10:55A	6/18-6/27	\$45/65	405108-A3
5-12	M-F	9:40-10:15A	7/9-7/18	\$45/65	405108-B2
5-12	M-F	10:20-10:55A	7/9-7/18	\$45/65	405108-B3
5-12	M-F	9:40-10:15A	7/23-8/1	\$45/65	405108-C2
5-12	M-F	10:20-10:55A	7/23-8/1	\$45/65	405108-C3
PM					
5-12	M-F	7:05-7:40P	6/18-6/27	\$45/65	405108-E1
5-12	M-F	7:05-7:40P	7/9-7/19*	\$45/65	405108-F1
5-12	M-F	7:05-7:40P	7/23-8/1	\$45/65	405108-G1

^{*}No class 7/11

Divers (Level 4)

This level is designed to develop confidence, endurance and refinement in strokes already learned. Prerequisites are front crawl with breathing for 10 yards, and back crawl for 10 yards. Upon successful completion of this level, each child receives a level wristband. Student-to-instructor ratio is 6:1. ain Dates will be made up as time permits. Ages 5-12.

Skills taught include:

- front crawl
- front dive
- breaststroke kick
- scissor kick

- dolphin kick
- treading water
- survival float
- safety awareness

Age	Day	Time	Date	R/NR Fee	Code #
AM	_				
5-12	M-F	10:20-10:55A	6/18-6/27	\$45/65	405108-A3
5-12	M-F	10:20-10:55A	7/9-7/18	\$45/65	405108-B3
5-12	M-F	10:20-10:55A	7/23-8/1	\$45/65	405108-C3
PM					
5-12	M-F	7:05-7:40P	6/18-6/27	\$45/65	405108-E1
5-12	M-F	7:05-7:40P	7/9-7/19*	\$45/65	405108-F1
5-12	M-F	7:05-7:40P	7/23-8/1	\$45/65	405108-G1
v					

^{*}No class 7/11





Swimmers/Racers (Levels 5 & 6)

This combination level 5/6 class is designed to continue the coordination and refinement of key strokes with increased endurance. Prerequisites are front crawl and back crawl for 25 yards, and breaststroke and sidestroke kicks for 10 yards. Students will be evaluated and instructed in the appropriate level based on their skills. Upon successful completion, each child receives a wristband. Studentto-instructor ratio is 8:1. Ages 5-12.

Level 5 skills include:

- surface dive
- underwater swimming
- basic rescue techniques
- Sidestroke
- Breaststroke

- Safety awareness
- 50 yards of continuous back crawl
- 25 yards of continuous sidestroke
- 50 yards of continuous front crawl
- 25 yards of continuous elementary backstroke

Level 6 skills include:

- Introduction to competitive turns
- Introduction to Jr. Lifeguarding skills
- Introduction to CPR/Rescue Breathing
- •Tread water for continuous minutes
- Safety awareness
- Introduction to butterfly
- 500-yard continuous swim

Age	Day	Time	Date	R/NR Fee	Code #
5-12	M-F	7:05-7:40P	6/18-6/27	\$45/65	405108-E1
5-12	M-F	7:05-7:40P	7/9-7/19*	\$45/65	405108-F1
5-12	M-F	7:05-7:40P	7/23-8/1	\$45/65	405108-G1

^{*}No class 7/11

Express Lessons

Unable to commit to a whole session of swim lessons? Try out our Express Lessons and bring your young swimmer according to your schedule. Express Lessons let you purchase a punch card for group lessons and come when you're available. Call our Swim Lesson Coordinator at least one business day ahead of time to reserve a spot to ensure there is a group lesson available for your swimmer. Punch cards for Express Lessons may be purchased at the Oasis admission desk.

Speed Lessons

For swimmers who already know how to swim but want to build endurance, develop their strokes and maybe even add a little bit of speed. It's a guick three-day lesson session. Each lesson will end with a game of Sharks & Minnows in Cuda Cove deep end! Participants must have the ability to swim at least 25 yards without stopping to enroll in this class.

Location: Cuda Cove Instructor: Staff

Day Time Age **Date** R/NR Fee Code # M,W,F 10:00-11:00A 7/23-7/27 \$36/54 405117-A1 M,W,F 10:00-11:00A 8/6-8/10 \$36/54 405117-B1

Private Lessons

Sign up for one-on-one lessons today! These lessons help participants work on individual skill development. Choose a four-day session and specific time slot. No refunds are given for missed lessons. Rain Dates will be made up as time permits.

Location:	The Oasis
Instructor:	Staff
Ages:	3-Adult
Fee: R/NR	\$69/89

Private AM Lessons

Time	Code #
9:00-9:30AM	405124
9:40-10:10AM	405120
10:20-10:50AM	405121

Dates	Session
6/18-6/21	AA
7/9-7/12	BB
7/23-7/26	CC



MIN/MAX: 8/20

Private PM Lessons Code # <u>Time</u> 7:05-7:35PM 405126 7:40-8:10PM 405127

<u>Dates</u>	Session
6/18-6/21	EE
7/9-7/13*	FF
7/23-7/26	GG
*No class 7/11	

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Sunday Private Lessons

Pirate lessons conveniently scheduled on Sundays. No refunds are given for missed lessons. Rain Dates will be made up as time permits.

Location: The Oasis Instructor: Staff

MIN/MAX: 1/4

Age D	ay	Time	Date	R/NR Fee	Code #
3-Adult S	3u	9:40-10:10A	7/8-7/29	\$69/89	405123-B1
3-Adult S	Su .	10:20-10:50A	7/8-7/29	\$69/89	405123-B2

Mermaid Swim School

Everyone loves a Mermaid. Even Mermaids need to learn to swim. Lessons include an introduction to basic swimming skills needed to successfully swim with a Mermaid Tail. Simple synchronized swimming moves will be introduced. Swimmers must be comfortable under water and able to swim without assistance. Mermaid Tails will be provided for each lesson. Sizes vary.

Location: The Oasis Instructor: Staff

MIN/MAX: 4/12

Age	Day	Time	Date	R/NR Fee	Code #
7-12	Tu,TH,F	7:05-7:45P	6/19-6/22	\$45/65	405110-A1
7-12	Tu,TH,F	7:05-7:45P	7/10-7/13	\$45/65	405110-B1
7-12	Tu,TH,F	7:05-7:45P	7/23-7/26	\$45/65	405110-C1
7-12	M,W,TH	7:05-7:45P	8/6-8/9	\$45/65	405110-D1



Diving Lessons

This class covers the basics of diving as well as more advanced skills. Learn springboard diving from the beginning. Class focuses on the basics of diving from the approach to the entry. As students begin to master basic skills, they progress to more advanced dives and positions. Rain dates will be made up as time permits.

Location: The Oasis Instructor: Staff

MIN/MAX: 5/12 Day Time Date R/NR Fee Code#

M.W 10:20-10:55A 6/18-7/11* \$45/65

*NO CLASS 7/4

Teen & Adult Swim Lessons

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Perfect for teens and adults who desire to learn or improve strokes and water skills for fitness or fun. Beginners and advanced students welcome. Rain Dates will be made up as time permits. Student-to-instructor ratio is 8:1.

Location: The Oasis Instructor: Staff

MIN/MAX: 4/8

Age	Day	Time	Date	R/NR Fee	Code #
Adult	Tu,Th	7:15-7:55P	7/10-8/2	\$45/65	405501-F1

Extreme Oasis



For those swimmers who love a challenge! Extreme Oasis features stroke development and endurance along with challenges on all of the Oasis amenities. How fast can you climb the Agua Climb? Perfect your Cannonball and make the biggest splash. Speed down Typhoon Tunnel and Tropical Twister for the fastest time. The extreme challenges are endless. Swimmers must be able to swim 25 yards without assistance to participate in this program.

Location: Cuda Cover

Instructor: Staff MIN/MAX: 8/20

Age	Day	Time	Date	R/NR Fee	Code #
10-14	M-Th	8:00-10:00A	8/6-8/9	\$65/85	405118-A1

55+ Swim Exclusive

Exclusively for Oasis patrons 55 and older. Enjoy all of The Oasis amenities; relax in Mango Bay, swim laps in Cuda Cove, try a shot at water basketball or reach the top of the Aqua Climb. The Oasis isn't just for kids!

Age:

Days/Dates: M,T,TH - 7/2-7/5 Days/Dates: M.TH - 8/6 & 8/8

Times: 10-11AM

7-8PM

Fee: Passholders Free Residents \$2.00/time Non-residents \$5.00/time

(no PM class 8/1)

Water Basketball

Cuda Cove 8:00-9:00PM Mondays: Grades 6-8 Thursdays: HS-College \$2/night for Passholders \$5/night non-Passholders

Now you and your friends can have the shallow end of Cuda Cove to vourselves for full court water basketball, YES! two baskets and no one swimming in your way. This is drop-in play and teams will be chosen each night.



405116-A1