

Early Childhood

Tot Rock

Learn together while engaging in active, creative, music-based activities using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening, and following directions skills. Sing, dance, play, learn, and imagine with us! This is a parent-child class.

Location: Conference Room **Early Childhood (ng)**
Instructor: Rock 'n' Kids **MIN/MAX: 4/10**

Age	Day	Time	Date	R/NR Fee	Code #
1-2	Wed	9:30-10:10A	Sep 15-Oct 20	\$69/\$89	101210-A1
1-2	Wed	9:30-10:10A	Nov 3-Dec 15	\$69/\$89	101210-B1

Kid Rock

Learn together while engaging in active, creative, music-based activities using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening, and following directions skills. Sing, dance, play, learn, and imagine with us! This is a parent-child class.

Location: Conference Room **Early Childhood (ng)**
Instructor: Rock 'n' Kids **MIN/MAX: 4/10**

Age	Day	Time	Date	R/NR Fee	Code #
2-3	Wed	10:15-10:55A	Sep 15-Oct 20	\$69/\$89	101501-A1
2-3	Wed	10:15-10:55A	Nov 3-Dec 15	\$69/\$89	101501-B1

Gears, Gears, Gears

Explore gears using LEGOs, as participants work in teams of two and find out how gears help make the world turn. Participants make projects that crank, mesh, pump, push, pull, tug or grind. All of these projects turn out to be very useful, simple machines.

Location: JRC Lounge **Early Childhood (tr)**
Instructor: Computer Explorers **MIN/MAX: 2/3**

Age	Day	Time	Date	R/NR Fee	Code #
4-6	Thu	6-7pm	Oct 21-Nov 11	\$68/\$88	108704-A1



Soccer / T-Ball Combo

This class is perfect for children who are full of energy and parents who are looking for an introduction to soccer and T-ball. Socialization, teamwork, following directions, key motor skills and having fun is the focus in this non-competitive environment. Focus is on soccer the first two weeks, and T-ball skills the second two weeks. The last class is a fun game of each sport.

Location: Westfield Gym **Early Childhood (nr)**
Instructor: Sports R Us **MIN/MAX: 6/20**

Age	Day	Time	Date	R/NR Fee	Code #
3-5	Tue	4-4:50A	Sep 21-Oct 26	\$69/\$89	101308-A1



Adult-Tot Ninja Warriors

Leap, hop, skip or run your way through obstacles and put your ninja skills to the test. Parents and tots have fun in this movement-based class that challenges your ninja to maneuver over and under objects. Many large group games are played to further challenge ninja skills.

Location: JRC Gym **Early Childhood (nr)**
Instructor: Hot Shot Sports **MIN/MAX: 5/12**

Age	Day	Time	Date	R/NR Fee	Code #
2-3	Mon	10:45-11:30A	Sep 13-Oct 18	\$60/\$80	101323-A1
2-3	Mon	10:45-11:30A	Nov 1-Dec 13	\$60/\$80	101323-A2

Mini Ninja Warrior

Leap, hop, skip, run your way through obstacles and put your ninja skills to the test. This fun movement-based class challenges ninjas to maneuver over and under objects. Participants also play large group games to further challenge ninja skills.

Location: JRC Gym **Early Childhood (nr)**
Instructor: Hot Shot Sports **MIN/MAX: 5/1**

Age	Day	Time	Date	R/NR Fee	Code #
4-6	Mon	11:45A-12:30P	Sep 13-Oct 18	\$60/\$80	101324-A1
4-6	Mon	11:45A-12:30P	Nov 1-Dec 13	\$60/\$80	101324-A2

Yogi & Boo Boo Bear

Enjoy one-on-one time with your child in a setting that includes climbing, crawling, jumping, balls, parachutes and moving to music. Parental interaction helps your child develop both motor and social skills. Please wear comfortable clothes; no snaps, jeans or overalls.

Location: Gymnastic Center/Jr. Gym **Early Childhood (jp)**
Instructor: Gymnastics Staff **MIN/MAX: 4/10**

Age	Day	Time	Date	R/NR Fee	Code #
12-27mos	Mon	9-9:40A	Sep 13-Oct 18	\$64/\$84	101204-A1
12-27mos	Mon	5:45-6:25P	Sep 13-Oct 18	\$64/\$84	101204-A2
12-27mos	Mon	9-9:40A	Nov 1-Dec 13*	\$64/\$84	101204-B1
12-27mos	Mon	5:45-6:25P	Nov 1-Dec 13*	\$64/\$84	101204-B2

NO CLASS 11/22

Parent & Bearnastics

Experience the sport of gymnastics with your tot while also creating lasting memories. This program teaches parents how to spot the basics in gymnastics, as children develop gross motor skills, coordination and body awareness. Class attire: sweats, warm-up suit, shorts/shirts or leotard/shorts.

Location: Gymnastic Center/Jr. Gym **Early Childhood (jp)**
Instructor: Gymnastics Staff **MIN/MAX: 4/10**

Age	Day	Time	Date	R/NR Fee	Code #
28-35mos	Mon	10-10:30A	Sep 13-Oct 18	\$59/\$79	101205-A1
28-35mos	Mon	6:30-7P	Sep 13-Oct 18	\$59/\$79	101205-A2
28-35mos	Mon	10-10:30A	Nov 1-Dec 13	\$59/\$79	101205-B1
28-35mos	Mon	6:30-7P	Nov 1-Dec 13	\$59/\$79	101205-B2

NO CLASS 11/22

Beanie & Teddy Bears

(Co-ed) | Ages 3 to 3 yrs. 11 months.

This introduction to gymnastics class focuses on self-confidence, body awareness/gross motor skills, basic tumbling and introduction to gymnastics equipment. You will be notified if the gymnastics instructor feels your child has been placed in the incorrect class. Our goal is to provide a fun and safe environment where your child can excel and build self-confidence.

Location: Gymnastic Center/Jr. Gym **Gymnastics (jp)**
Instructor: Gymnastics Staff **MIN/MAX: 4/6**

Age	Day	Time	Date	R/NR Fee	Code #
3yrs	Mon	10:45-11:20A	Sep 13-Oct 18	\$59/\$79	107102-A1
3yrs	Tue	12:30-1:05P	Sep 14-Oct 19	\$59/\$79	107102-A2
3yrs	Tue	6-6:35P	Sep 14-Oct 19	\$59/\$79	107102-A3
3yrs	Sat	10:30-11:05A	Sep 18-Oct 23	\$59/\$79	107102-A4
3yrs	Mon	10:45-11:20A	Nov 1-Dec 13	\$59/\$79	107102-B1
3yrs	Tue	12:30-1:05P	Nov 2-Dec 14	\$59/\$79	107102-B2
3yrs	Tue	6-6:35P	Nov 2-Dec 21	\$59/\$79	107102-B3
3yrs	Sat	10:30-11:05A	Nov 13-Dec 18	\$59/\$79	107102-B4

NO CLASS 11/22, 11/23, 11/27

Cartwheels & Crafts

Join us for a fun and active holiday activity. Participants tumble, swing, and brave the balance beam while also making a themed craft. Half of the time will be spent on gymnastics; the other half on a seasonal craft, with a milk and cookies snack in between. A parent or caretaker must stay for this program.

Location: Gymnastic Center **Gymnastics (jp)**
Instructor: Gymnastics Staff **MIN/MAX: 10/14**

Age	Day	Time	Date	R/NR Fee	Code #
Pirouettes & Pumpkins					
3-4	Sun	10-11:45A	Oct 17	\$15/\$20	107310-A1
5-7	Sun	12:30-2:15P	Oct 17	\$15/\$20	107310-A2
Turkey Tumble					
3-4	Sun	10-11:45A	Nov 21	\$15/\$20	107310-B1
5-7	Sun	12:30-2:15P	Nov 21	\$15/\$20	107310-B2
Snow Flakes & Skills					
3-4	Sun	10-11:45A	Dec 19	\$15/\$20	107310-C1
5-7	Sun	12:30-2:15P	Dec 19	\$15/\$20	107310-C2

Pixie Chicks

Future cheerleaders receive an introduction to the world of cheerleading and poms. After mastering the basics of both sports, the Pixie Chicks set and shout in mini routines.

Location: Jr. Gym **Early Childhood (jp)**
Instructor: Gymnastics Staff **MIN/MAX: 5/7**

Age	Day	Time	Date	R/NR Fee	Code #
3-4	Thu	5:45-6:25P	Sep 16-Oct 21	\$64/\$84	101209-A1
5-6	Thu	6:30-7:20P	Sep 16-Oct 21	\$69/\$89	101209-A2
3-4	Thu	5:45-6:25P	Nov 4-Dec 16	\$64/\$84	101209-B1
5-6	Thu	6:30-7:20P	Nov 4-Dec 16	\$69/\$89	101209-B2

Tennis Red Ball 4-6

Learn all the fundamentals of tennis with the certified tennis instructors of Centre Court Athletic Club! Whether you are new to tennis or have taken lessons before, you will have a blast. Participants learn all the fundamentals of tennis including volleys, ground strokes and serve. Students should wear closed toe shoes, and bring water and a tennis racket.

Through a cooperative agreement, Tennis Lessons are available at Centre Court Athletic Club in Hanover Park, 1919 Walnut Ave, Hanover Park, IL 60133, (630) 837-6300. Or contact Chris, chris@bloomingdaleparks.org, for additional information.

Location: Hanover Park District Centre Court **Youth (ct)**
Instructor: Centre Court Staff **MIN/MAX: 4/6**

Age	Day	Time	Date	R/NR Fee	Code #
4-6	Wed	5-6P	Aug 25-Oct 20	\$227/\$247	102302-A1
4-6	Wed	5-6P	Oct 27-Jan 12	\$282/\$302	102302-A6
4-6	Thu	4-5P	Aug 26-Oct 21	\$227/\$247	102302-B1
4-6	Thu	4-5P	Oct 28-Jan 13	\$264/\$284	102302-B2
4-6	Sat	9-10A	Oct 30-Jan 15	\$245/\$265	102302-B3
4-6	Sat	9-10A	Aug 28-Oct 23	\$227/\$247	102302-C1
4-6	Sun	11A-12P	Aug 29-Oct 24	\$227/\$247	102302-D1
4-6	Sun	11A-12P	Nov 7-Jan 16	\$227/\$247	102302-D2

Holiday Crafting Fun

The holidays are right around the corner! Get into the holiday season with this creative and fun art class. Students create fun arts and crafts. Art projects are geared toward each holiday. This is a partner program with Chef Pina Brunch to Impress (#103638-C2).

Location: Elm Room **Youth (rd)**
Instructor: Staff **MIN/MAX: 6/9**

Age	Day	Time	Date	R/NR Fee	Code #
5-8	Wed	5:30-6:30P	Oct 13	\$10/\$15	101699-A1
5-8	Wed	5:30-6:30P	Nov 17	\$10/\$15	101699-A2

Parents Night Out

Parents take a night off and enjoy a few hours of free time to relax, shop or do something without the kids. Kids have fun in the gym, play games, create crafts and enjoy a pizza dinner and dessert. Fee is \$20 for the first child and \$10 for each additional child. This is a partner program with Recipe Swap (#103636- A1 & A2).

Location: Oak - Lounge **Youth (tr)**
Instructor: Staff **MIN/MAX: 4/10**

Age	Day	Time	Date	R/NR Fee	Code #
4-10	Fri	5:30-8:30P	Sep 24	\$20/\$25	102486-A1
4-10	Fri	5:30-8:30P	Nov 5	\$20/\$25	102486-B1

Please adhere to the current CDC/IDPH mask guidance when participating in a program or event. Visit bloomingdaleparks.org for the most current information regarding programs, events and facilities in regard to COVID-19 restrictions and mask mandates.

Festival of Lights Programs

Reindeer Games

Everyone's a reindeer for these Reindeer Games! Participants play themed games, create antlers to feel and look like reindeer, enjoy a tasty snack, and finish the evening making some reindeer food to put outside on Christmas Eve for Santa's reindeer.

Location: Museum **Youth (tr)**
Instructor: Staff **MIN/MAX: 6/12**

Age	Day	Time	Date	R/NR Fee	Code #
5-10	Tue	6:15-7:15P	Dec 6	\$7/\$12	202693-A1
Add'l Sibling					
5-10	Tue	6:15-7:15P	Dec 6	\$5/\$5	202693-B1

Summertime Fun

Shake the winter blues and think about the sunshine! We are bringing summer back for one day in the chilly weather. Participants create summer-themed crafts and make their own ice cream with their favorite toppings while listening to summer tunes.

Location: Museum **Early Childhood(ng)**
Instructor: Staff **MIN/MAX: 5/10**

Age	Day	Time	Date	R/NR Fee	Code #
5-7	Fri	6-7:30P	Dec 20	\$20/\$25	101116-A1

Frosty & Friends

Drop your child off at the Bloomingdale Park District Museum where they will be entertained with the classic holiday movie Frosty the Snowman. Kids also participate in an arts & craft project before and after the movie while enjoying popcorn and a beverage. Bring your favorite blanket and stay cozy at this fun outing.

Location: Museum **Special Events (tr)**
Instructor: Staff **MIN/MAX: 6/12**

Age	Day	Time	Date	R/NR Fee	Code #
5-8	Wed	6-7:15P	Dec 8	\$7/\$12	201139-A1
Add'l Sibling					
5-8	Wed	6-7:15P	Dec 8	\$5/\$5	201139-B1

Snowball Station

All aboard at the Snowball Station for some indoor snowball fun! This exciting evening is filled with snowball-themed challenges, games and crafts! Everyone enjoys a private viewing of the LEGO Train display. Kids also enjoy a snowball-themed snack to complete the evening.

Location: Museum **Special Events (tr)**
Instructor: Staff **MIN/MAX: 6/12**

Age	Day	Time	Date	R/NR Fee	Code #
6-10	Mon	6:30-7:45P	Dec 13	\$10/\$15	201340-A1

Lil Runners: Track and Field

Kids are introduced to the sport of track and field using appropriate running and movement games. Each week, kids learn a specific element of track and field all while having fun! Appropriate equipment is used for games and exercises.

Location: JRC West Ct **Youth (tr)**
Instructor: Hot Shot Sports **MIN/MAX:** 5/10

Age	Day	Time	Date	R/NR Fee	Code #
4-7	Sat	12-12:45P	Sep 18-Oct 23	\$65/\$85	102398-A1
4-7	Sat	12-12:45P	Nov 6-Dec 18	\$65/\$85	102398-B1

Lil Kicks Soccer

In this instructional program designed for first-timers, players learn the basic skills of dribbling, passing, shooting and goaltending with smaller-sized soccer balls. Instructors work with participants on good sportsmanship, participation and teamwork. This is a great class for both boys and girls. Games are played at the end of each class.

Location: Westfield Gym **Early Childhood (nr)**
Instructor: Sports R Us **MIN/MAX:** 8/16

Age	Day	Time	Date	R/NR Fee	Code #
3-5	Tue	4-4:50P	Nov 9-Dec 14	\$69/\$89	101305-A1



Jr Basketball League

This specially designed program is for kindergarten. It features game play on an 8-foot basket. This program takes place for 45 minutes between 6-8:15 p.m. Program focuses on fun, skill development and team play. All little athletes receive a participation medal or trophy.

Location: JRC Gym **Youth (nr)**
Instructor: **MIN/MAX:** 12/20

Age	Day	Time	Date	R/NR Fee	Code #
KDG	Mon-Thu	6-8:15P	Jan 24-Mar 10	\$69/\$89	102370-A1



Lil Dribblers

The Lil Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age-appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand-eye coordination, listening skills and the ability to follow directions.

Location: JRC Gym **Early Childhood (nr)**
Instructor: Hot Shot Sports **MIN/MAX:** 6/12

Age	Day	Time	Date	R/NR Fee	Code #
4-6	Sat	9-9:45A	Sep 18-Oct 23	\$65/\$85	101328-B1
4-6	Sat	9-9:45A	Nov 6-Dec 18	\$65/\$85	101328-C1

Hot Shots Basketball

Boys and girls enjoy learning the skills to advance in the world of basketball. Through games and drills, participants practice dribbling, passing, shooting and positions while learning the importance of teamwork. Kids have a ton of fun enhancing their skill level!

Location: Westfield Gym **Youth (nr)**
Instructor: Sports R Us **MIN/MAX:** 8/20

Age	Day	Time	Date	R/NR Fee	Code #
6-8	Tue	5-6P	Sep 21-Oct 26	\$69/\$89	102351-A1
6-8	Tue	5-6P	Nov 9-Dec 14	\$69/\$89	102351-B1