



## **JOB TITLE: LIFEGUARD**

The lifeguard is responsible for performing a variety of duties to prepare the pool for the demands of the group present.

The lifeguard is responsible for performing the duties as outlined in this analysis. The lifeguard is a seasonal employee working from 2-40 hours per week. Work shifts are variable with an average of 4.0 hours per day. They may work as long as 11 hours, but there are breaks within this period. No overtime (over 40 hours per week) is allowed unless pre-authorized by the Aquatics Manager. If under the age of 16, no work shall be performed before 7:00 am and after 9:00 pm. The lifeguard is hired seasonally, which means from Memorial Day through Labor Day.

Work is performed at a self-controlled pace but may vary depending on the demands of the job required.

The lifeguard is required to participate in a 15-minute daily training session to demonstrate knowledge of ability to perform work activities. This can be verbal or physical, and can cover all aspects of any of the described essential functions. Lifeguards are required to complete at least 4 hours of in-service training per month to keep their life guarding skills up to date.

### **QUALIFICATIONS:**

The lifeguard must be at least 16 years of age and be certified with Starguard. The Lifeguard must have or be able to successfully complete CPR and First Aid certification. The Lifeguard has to be able to successfully complete the National Pool and Waterpark Lifeguard Training Program, and in-water skills test and written examination on lifeguard skills and safety.

### **IMMEDIATE SUPERVISOR:**

The Lifeguard is directly responsible to the Pool Manager.

### **ESSENTIAL FUNCTIONS:**

1. Guarding the pool.
2. General maintenance of pool deck, locker rooms.
3. Secure and remove safety ropes as needed.
4. Move guard chairs.
5. Rule enforcement

### **MARGINAL FUNCTIONS:**

1. Set up and take down of deck furniture.
2. Participate in "community activities" as described by the Recreation Supervisor.
3. Participate in Pool rentals and Birthday party rentals.

### **PSYCHOLOGICAL CONSIDERATIONS:**

The lifeguard must work closely with co-workers. The lifeguard must work around the general population. The lifeguard must work under supervision and direction of supervisors. The lifeguard has responsibility for the safety of the general public in the pool and on the pool deck. The lifeguard may have to work under stressful situations when first aid or CPR is required. The lifeguard has to be able to make decisions to ensure safety in and around the pool.



**PHYSIOLOGICAL CONSIDERATIONS:**

The lifeguard works in a climate of 86 degrees Fahrenheit and high humidity. The lifeguard has to be able to respond quickly and accurately to emergency situations. Lifeguards are also at risk of being exposed to pool chemicals. Lifeguards must have 20/30 vision with or with corrected vision.

**ENVIRONMENTAL CONSIDERATIONS:**

Inside, the lifeguard is exposed to a high humidity and 86-degree temperatures. Outside, the lifeguard will be exposed to the varying weather conditions, which could include cold, rain, and extreme heat.

**COGNITIVE CONSIDERATIONS:**

The lifeguard must be able to follow the directions from supervisor and co-workers. The lifeguard must be able to cooperate well with co-workers. The lifeguard must be safety conscientious and use good judgment at all times.