



## Innovation Arts Connection Dance Program Overview

Through a cooperative agreement with the Medinah Park District, Bloomingdale Park District residents are invited to register for Medinah Park District School of Dance by Innovation Arts Connection at a reduced non-resident fee. Visit [www.innovationartsconnection.com](http://www.innovationartsconnection.com) for more information or contact Recreation Supervisor Carol Healy at [carol@medinahparkdistrict.org](mailto:carol@medinahparkdistrict.org). Register for dance classes at the Johnston Recreation Center or online at [bloomingdaleparks.org](http://bloomingdaleparks.org).



### Super Saturday Dance Parties

Dance Parties are a condensed one-day sessions of dance technique, movement games, crafts, a mini-performance and much more! Participants of all levels are encouraged to get involved through these camp-style classes that are designed to help participants fill their evening with fun, educational, and movement-oriented programming. Wear comfortable form-fitted clothing, dance shoes or bare feet. Feel free to dress to match the theme too! Please bring a water bottle.

#### Halloween Hip Hop 3-7 years

Hip Hop dance technique, movement games, and choreography to your favorite Halloween music.

#### Zombies & Cheerleaders Hip Hop 8-13 years

Hip Hop dance technique, movement games, and choreography to music from Disney's Zombies movie.

#### Nutcracker Dreams Ballet 3-7 years

Ballet dance technique, movement games, and choreography to the music of the Nutcracker.

#### Let It Snow Lyrical 8-13 years

Lyrical dance technique, movement games, and choreography to a winter theme.

**Location: Medinah Park District**

**Instructor: Innovation Arts Connection**

**Youth(ng)**

**MIN/MAX: 5/10**

Age	Day	Time	Date	R/NR Fee	Code #
3-7	Sat	9:30-10:30A	Oct 23	\$15/\$20	102682-A1
8-13	Sat	10:45A-12:45P	Oct 23	\$30/\$35	102682-A2
3-7	Sat	9:30-10:30A	Dec 11	\$15/\$20	102682-A3
8-13	Sat	10:45A-12:45P	Dec 11	\$30/\$35	102682-A4

## Dance

### Ballet/Tap Combo (A, I, II & III)

Ballet/Tap Combo is the most popular combo for dancers. Classes include stretches, barre work, class etiquette, basic technique of each style, games and learning choreography in both ballet and tap. Please wear leotard, tights, (boys-comfortable clothing), ballet and tap shoes.

### Hip Hop/Jazz Combo (A, I, II & III)

Jazz music and dance evolved over the years into the popular style of Hip Hop! Dancers learn basic jazz and hip-hop technique along with popping, locking, and many other cool tricks and moves to energetic pop music. Please wear leotard, tights, (boys-comfortable clothing) and jazz shoes.

### MPD Company Rehearsal

The Performing Company provides dedicated dancers the opportunity to study Ballet, Tap, Hip Hop, Musical Theatre, Lyrical and Jazz more in depth. This performing group is a year-round commitment. Our focus is on creating, leading, and guiding dancers on a disciplined and rewarding path that instills the fundamentals of dance. Company members are required to take one technique class the entire season (September 2021 - May 2022) in addition to company rehearsal. Rehearsal & Performance Schedule will be available at the first class. Some rehearsals and performances are during times outside of regularly scheduled rehearsal time. No audition is necessary. All experience levels are welcome. Please wear leotard, tights or comfortable form-fitted clothing, and color matching jazz shoes. The registration fee does not include company costume, competition and event fees. It does include 66 hours of rehearsal time and mandatory Company Camp September 14-16 from 4:30 to 6:30 p.m. Please contact Lora@innovationartsconnection for questions or more information.

### Discover Dance With Me (Walking – 3 years + Guardian Participation)

Explore the joy of movement with your child and discover the many benefits of early childhood dance classes. We will dance, sing, and play in both one-on-one activities and group activities. Through circle activities, open exploration, and gross motor development exercises, children will blossom with class as they grow with their caregiver during this precious time together. Please wear comfortable, form-fitted clothing and bare feet.

### Discover Dance Tots (2-3 years)

Watch your child's independence and confidence soar, as our dancers explore and discover the benefits of a more structured dance class. Following directions, waiting for our turn, and collectively problem-solving encourages emotional and social development. Live singing, musical play, and sensory props will have these little ones moving and grooving with their friends and eager to return to class each week. Please wear comfortable, form-fitted clothing and bare feet. Note: 2-year-olds are strongly encouraged to have previous experience in Discover Dance with Me prior to joining DDT.

### Discover Dance A (3-6 years)

Discover the magic of imaginative play with live singing, structured explorations, and skill development. Our Discover Dance classes offer an outlet for creative expression, physical growth, and social interaction. Children explore the essence of movement that leads to the discovery of multiple styles of dance. Please wear comfortable, form-fitted clothing and bare feet.

**Location: Medinah Park District**

**Instructor: Innovation Arts Connection**

**Youth(ng)  
MIN/MAX: 1/3**

Age	Day	Time	Date	R/NR Fee	Code #
<b>Ballet/Tap Combo A</b>					
3-6	Mon	4:30-5:30P	Sep 20-Dec 13*	\$143/\$163	102654-A1
<b>Ballet/Tap Combo I</b>					
6-9	Mon	5:45-7P	Sep 20-Dec 13*	\$179/\$199	102654-A2
<b>Ballet/Tap Combo II &amp; III</b>					
9-15	Mon	7:15-8:45P	Sep 20-Dec 13*	\$214/\$234	102654-A3
*NO CLASS 11/22					
<b>Hip Hop/Jazz I</b>					
6-8	Thu	4:30-5:30P	Sep 23-Dec 16*	\$143/\$163	102654-B1
<b>Hip Hop/Jazz A</b>					
3-6	Thu	5:45-6:30P	Sep 23-Dec 16*	\$107/\$120	102654-B2
<b>Hip Hop/Jazz II</b>					
8-12	Thu	6:45-7:45P	Sep 23-Dec 16*	\$143/\$163	102654-B3
<b>Hip Hop/Jazz III</b>					
11-16	Thu	7:45-8:45P	Sep 23-Dec 16*	\$143/\$163	102654-B4
*NO CLASS 11/25					
<b>Company Dance</b>					
7-16	Fri	5:45-7:45P	Sep 24-May 20	\$500/\$520	102654-C1
*NO CLASS 11/26, 12/24, 12/31, 1/7, 4/1					
<b>Session I</b>					
<b>Adult Hip Hop</b>					
Adult	Tue	9:30-10:15A	Sep 21-Oct 26	\$57/\$77	102654-D1
<b>Discover Dance with Me</b>					
1.5-3	Tue	10:30-11A	Sep 21-Oct 26	\$38/\$58	102654-E1
<b>Discover Dance Tots*</b>					
2-3	Tue	11:15-11:45A	Sep 21-Oct 26	\$38/\$58	102654-E3
<b>Discover Dance A</b>					
3-6	Tue	12-12:45P	Sep 21-Oct 26	\$57/\$77	102654-E5
* Guardian Participation					
<b>Session II</b>					
<b>Adult Hip Hop</b>					
Adult	Tue	9:30-10:15A	Nov 2-Dec 14	\$57/\$77	102654-D2
<b>Discover Dance with Me</b>					
1.5-3	Tue	10:30-11A	Nov 2-Dec 14	\$38/\$58	102654-E2
<b>Discover Dance Tots*</b>					
2-3	Tue	11:15-11:45A	Nov 2-Dec 14	\$38/\$58	102654-E4
<b>Discover Dance A</b>					
3-6	Tue	12-12:45P	Nov 2-Dec 14	\$57/\$77	102654-E6
* Guardian Participation					



**Save the date!**  
**Fall Dance Bash**

**September 9, 5:30-6:30PM**  
**@ Connolly Recreation Center**

Experience dance demos, meet the teachers, enter to win raffle prizes, learn more about our program, create crafts, and much more!

# Dance

# Center Stage

INTO THE NEW SEASON AT

DANCE & TUMBLING

**TAP**  
**JAZZ**  
**BALLET**  
**LYRICAL**  
**HIP HOP**  
**COMTEMPORARY**  
**TUMBLING**

**CLASSES AVAILABLE  
FOR AGES 2 AND UP**

Contact Us @

[www.CenterStageDanceOnline.com](http://www.CenterStageDanceOnline.com)

[centerstage1@sbcglobal.net](mailto:centerstage1@sbcglobal.net) 630.529.9080

*Brand New Location:* **364 W Army Trail Road, Suite 250**

Center Stage Dance & Tumbling is pleased to be working with the Bloomingdale Park District. Center Stage Dance & Tumbling has been named by the Federation of Dance Competitions as one of the top 10 dance studios in the United States, by Dancer Magazine as one of the top 25 dance studios in North America and by the Daily Herald as the best place to dance in Chicagoland.