

## In-House Fall Soccer

Bloomington Park District provides a comprehensive soccer program for Bloomington and surrounding communities. Participants play approximately eight games which are during the week in the evening, and weekends during the morning and afternoon. Co-ed levels of pre-kindergarten, kindergarten and first/second grade play in-house against other participants in the league. Boys and girls of grades third through eighth play inter-village against surrounding communities such as Carol Stream, Hanover Park, Streamwood, Bartlett, Elgin and Hoffman Estates.

### Benefits of youth soccer

- Fitness & Healthy Lifestyle
- Coordination
- Strength Development
- Flexibility
- Social Skills
- Self Confidence
- Politeness/Sportsmanship
- Work Ethic
- Discipline
- Determination

### Age Levels

Grade	Teams	Team Size	#players on field	Ball Size	Code
Pre-K	Co-Ed	8	4	3	102316-A1
Kindgtn.	Co-Ed	8	4	3	102316-A2
1st/2nd	Co-Ed	9	5	3	102316-A3
3rd/4th	Boys	11	7	4	102317-A1
3rd/4th	Girls	11	7	4	102318-A1
5th/6t	Boys	13	9	4	102317-A2
5th/6th	Girls	13	9	4	102318-A2
7th/8th	Boys	18	11	5	102317-A3
7th/8th	Girls	18	11	5	102318-A3

### Fees

Early Resident Registration: \$85  
 Early Non-resident Registration: \$105

### After July 5

Resident Registration: \$110  
 Non-resident Registration: \$130

### Registration Hint – Register Early!

To ensure your class or program runs, please register early! Planning, staffing and running a class all take preparation time, which is why many programs have registration deadlines. We need to know in advance how many people to buy supplies for, or how many spaces to reserve, etc. When in doubt, always register as you could be the one that makes the class run!



### Uniforms

Full Uniform Set	\$45
Jerseys (includes both blue & white)	\$30
Shorts	\$15
Socks	\$10

### Equipment - Required

Hard, plastic shin guards  
 All players must bring a ball to practice.

### Equipment – Optional

Soccer shoes. Only shoes with rounded rubber cleats are allowed.

### Volunteer Coaches Needed

Coaches may register on the same dates and times as the player registrations. Coaches must complete the Score 6 Certification program and criminal background check.

### Soccer Contacts

Position	Name	Phone
Athletic Supervisor	Chris Tompkins	(630) 529-3650

## BLOOMINGDALE LIGHTNING



### BLFC TRAVEL SOCCER MISSION

Our mission is to develop each athlete both mentally and physically in the sport of soccer. Our program follows a professional session guide designed at developing the skill of each player throughout their competitive play here in Bloomingtondale.

Foot-skill | Shooting | Passing | Tactics | Goalkeeping

### GENERAL PROGRAM INFORMATION

- Boys and girls travel soccer ages u7 to H.S.
- Fall, Winter, Spring and summer programs.
- Professional and licensed coaching.
- Core foot-skill training weekly.
- Winter Futsal training and leagues.
- Weekly Goal keeper training.
- Tryouts in mid May every year.

For more information check us out at [www.bloomingtondalefc.com](http://www.bloomingtondalefc.com)

### Score 6 – Pursuing Victory with Honor



Pursuing Victory with Honor®

Please visit [www.bloomingtondaleparks.org](http://www.bloomingtondaleparks.org) for more information and to register online.

Score 6 is the CHARACTER COUNTS!-based certification program for coaches, parents, officials and children. This program incorporates the six pillars of character: Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship into youth sports. The primary goal of the program is to build character through these six pillars while teaching the fundamentals of the sport.

### Score 6 Meeting Dates/Times

Date	Day	Start Time	Location	Code Number
June 2	W	6:30PM	JRC	403305-A2
July 7	W	6:30PM	JRC	403305-A3
August 11	W	6:30PM	JRC	403305-A4

### Athletic Association Contacts

If you would like any information on any of the athletic organizations in Bloomingtondale, please feel free to call the respective contacts:

#### Bloomingtondale Park District Athletics Supervisor

Chris Tompkins: 630-339-3547, [chris@bloomingtondaleparks.org](mailto:chris@bloomingtondaleparks.org)

#### Barracuda Swim & Dive Team

Bryen Travis: 630-246-0063, [brtravis@aol.com](mailto:brtravis@aol.com)

#### Bloomingtondale Athletic Club (Football & Cheer)

Frank Bucaro: 630-400-9141 [chicago273@aol.com](mailto:chicago273@aol.com)

#### Bloomingtondale Baseball & Softball Association

Tom Ciccone: 630-802-3294, [tciccone1@gmail.com](mailto:tciccone1@gmail.com)

#### Bloomingtondale Basketball Association

Janet Sickler: 847-204-6823, [mrssicki@yahoo.com](mailto:mrssicki@yahoo.com)

#### Bloomingtondale Lightning FC (Travel Soccer)

Mary Donato: 847-840-6231, [mdonato08@gmail.com](mailto:mdonato08@gmail.com)

#### Bloomingtondale Beamers

Jo Peterson: 630-529-3650, [jo@bloomingtondaleparks.org](mailto:jo@bloomingtondaleparks.org)

The Bloomingtondale Athletic Club, Bloomingtondale Baseball & Softball Association, and Bloomingtondale Lightning FC Travel are affiliate groups and are separate organizations from the Park District. The Park District works cooperatively with these organizations to provide and maintain fields and facilities.

# Youth Basketball Association

The Bloomingdale Youth Basketball Association is a volunteer organization supported by the Bloomingdale Park District that provides a comprehensive basketball program for Bloomingdale and surrounding communities. Volunteer coaches are needed for all levels, and coaches may register the same dates and times as player registrations.

## Benefits of youth basketball

- Fitness & Healthy Lifestyle
- Coordination
- Strength Development
- Flexibility
- Social Skills
- Self Confidence
- Politeness/Sportsmanship
- Work Ethic
- Discipline
- Determination

## Age Levels

Age Levels	Code #
3/4 grade boys	102301-A1
3/4 grade girls	102301-A2
5/6 grade girls	102301-A3
5/6 grade boys	102301-B1
7/8 grade boys	102301-B2
7/8 grade girls	102301-B3

## Registration Dates

Please bring your child to have his/her height and weight measured. No player requests will be granted other than sibling.

Day	Date	Time	Location
TBD	TBD	TBD	JRC
TBD	TBD	TBD	JRC
TBD	TBD	TBD	JRC

## Fees

Fees to be determined by September 6. Visit [bloomingdalebasketball.org](http://bloomingdalebasketball.org). Registration fee increases \$25 after **DATE TBD**.

## Mandatory Coaches Meeting

Day	Date	Time	Location
TBD	TBD	TBD	JRC

## Basketball Contacts

Position	Name	Phone
Athletic Supervisor	Chris Tompkins	(630) 529-3650
President	Janet Sickler	(847) 204-6823
Travel Coordinator	Tony Zakic	(630) 815-3720

## Travel Basketball Program

- Feeder program to Lake Park, Glenbard East and Glenbard North high schools
- For players who wish to play in a more competitive atmosphere
- All players interested in playing travel must attend tryouts
- Coaches are needed for entry level teams starting at fourth-grade boys and fifth-grade girls
- For more information on travel basketball or coaching, contact Tony Zakic at (630) 815-3720.

## Travel Basketball Tryouts

**Location: Westfield Gym**

Tryouts will occur the week of August 15 & 22 for both boys and girls. Registration information for tryouts will be available at [bloomingdaleparks.org](http://bloomingdaleparks.org).

## Travel Registration & Uniform Fitting

	Date	Time	Place
Girls	TBD	TBD	JRC
Boys	TBD	TBD	JRC

## Fees

Registration Fee R/NR:	TBD
Uniform Fee R/NR:	TBD
Fundraising Fee R/NR:	TBD





## Martial Arts

### Taekwondo

Taekwondo, an Olympic sport, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students improve concentration and self-esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of G. Master Ki Hong Kim\* (9th Dan Kukkiwon World Taekwondo Headquarters). **A \$45.00 uniform fee is required at the first class.** Belt testing is offered through The KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear.

### Little Dragons

This introductory class is designed to captivate the interest of the youngest Taekwondo students. Skills are developed through gentle instruction and appropriate games for their ability. Class focuses on developing balance, coordination and respect. Students improve concentration and self-esteem, achieve lifelong physical fitness and learn self-defense skills.

**Location:** JRC Lounge **Youth (ct)**  
**Instructor:** KH KIM TAEKWONDO **MIN/MAX:** 5/10

Age	Day	Time	Date	R/NR Fee	Code #
4-5	Sat	10-10:40A	Jun 19-Aug 28	\$116/\$136	402106-A1

### Early Taekwondo

Designed especially for young children of ages 6-7, this program develops conditioning, coordination, listening skills and self-confidence through creative activities. Students improve concentration and self-esteem, achieve lifelong physical fitness and learn self-defense skills.

**Location:** JRC Lounge **Youth (ct)**  
**Instructor:** KH KIM TAEKWONDO **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
6-7	Sat	10:45-11:35A	Jun 19-Aug 28	\$116/\$136	402107-A1

### Youth Taekwondo

This program for ages 8-13 includes a balanced cardiovascular workout including punching, kicking and blocking skills using Taekwondo tradition.

**Location:** JRC Lounge **Youth (ct)**  
**Instructor:** KH KIM TAEKWONDO **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
8-13	Sat	11:40-12:30P	Jun 19-Aug 28	\$116/\$136	402108-A1

Programs and events are subject to change in accordance with current COVID-19 restrictions and mandates. Please check [bloomingdaleparks.org](http://bloomingdaleparks.org) or call the JRC Front Desk at 630-529-3650 for current program and event information. When participating in a program/class, a mask is required for participants 2 years and older. Participants should bring their own water; no water fountains will be available. Participants are encouraged to bring a small personal hand sanitizer to class. Six feet social distancing is required.



### Parent & Child Taekwondo

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics and traditional Taekwondo techniques including punching, kicking and blocking. Students improve concentration and self-esteem, achieve lifelong physical fitness and learn self-defense skills.

**Location:** JRC Lounge **Youth (ct)**  
**Instructor:** KH KIM TAEKWONDO **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
7-Adult	Sat	9-9:55A	Jun 19-Aug 28	\$116/\$136	402109-A1

### Teen & Adult Taekwondo

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms and stances and the skills of punching, kicking and blocking.

**Location:** JRC Lounge **Youth (ct)**  
**Instructor:** KH KIM TAEKWONDO **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
14-Adult	Sat	9-9:55A	Jun 19-Aug 28	\$116/\$136	403105-A1

### Sullivan's Karate

Sullivan's Karate offers both mental and physical benefits. Physical strength, speed, agility and coordination are developed along with self-confidence, respect and a positive self-image. A1 and A2 are for Beginners (white & yellow belts), and A3 is for Advanced (green belts and above).

**Location:** JRC Lounge **Youth (ct)**  
**Instructor:** Matthew Sullivan **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
<b>Beginners</b>					
4-8	Thu	6-6:45P	Jul 8-Sep 16	\$45/\$65	402317-A1
9-16	Thu	6:45-7:30P	Jul 8-Sep 16	\$45/\$65	402317-A2
<b>Advanced</b>					
9-16	Thu	7:30-8:15P	Jul 8-Sep 16	\$45/\$65	402317-A3

# Gymnastics...anything but routine!

## Sessions

### Summer 1

3-Week Program  
June 14 – July 2

### Summer 2

4-Week Program  
July 19 – August 14

### Gold Gymnastics Camp

July 6-9

## Gymnastics at a Glance

### Parent & Child Movement Ed

Yogi Boo Boo (co-ed)	12-27 months
Parent Bearnastics (co-ed)	28-35 months

### Intro to Gymnastics

The age-appropriate tumbling skills that are introduced at these levels include forward and backward rolls, forward and backward straddle rolls, bridges, handstands and cartwheels. Children are introduced to basic skills on vault, bars, beam and floor. Skill circuits are introduced on all equipment.

Beanie/Teddy Bears (co-ed)	3 years old
Koala Bears (co-ed)	Pre-kindergarten
Koala/Kodiak Bear (co-ed)	Pre-kindergarten & Kindergarten
Kodiak Bears (girls)	Kindergarten
Beginner 1 (girls)	1st thru 8th grade

### Advanced Level Gymnastics

Registration for consent classes will be taken at the front office only. With the basic skills learned in the intro classes, more difficult skills are introduced in the advanced levels, including handstands to handstand rolls, one-hand cartwheels to round-offs, back bends to back walkovers, front limbers and cartwheels on low beam. Advanced classes focus on technique, strength, flexibility and advancement of skills in tumbling and on gymnastics equipment. Skill circuits on all events are completed | each level.

*Beginners 2 (girls)	1st thru 8th grade
*Beginners 2/3 (girls)	1st thru 8th grade

### Competitive Travel Teams

Instructor's Consent Required

The Beamer Teams are entering their 41st year of competing in the Illinois Park District Gymnastics Conference (IPDGC). Competing teams include Tumbling Team, Training Team, Prep Optional Team and Optional Team. Competitive teams require a year-round commitment. For more information please contact Miss Dawn at [bgc.missdawn@gmail.com](mailto:bgc.missdawn@gmail.com) or Miss Jo at [jo@bloomingdaleparks.org](mailto:jo@bloomingdaleparks.org) or call (630) 529-3650.

**Please Note:** With your child's best interest in mind, parents are asked not to attend their child's class unless invited by the instructor. We have found the quality of instruction has often been affected by parent and/or sibling distractions, interruptions and various other concerns. It is of equal importance that children have quality leisure time with their peers. Our instructors welcome the opportunity to discuss concerns with parents before or after class, time permitting. Thank you for your cooperation.

## General Information

- A face mask is required for participants 2 years and older.
- Participants should bring their own water; no water fountains will be available.
- Participants are encouraged to bring a small personal hand sanitizer to class. Gymnasts are required to use hand sanitizer on both hands and feet before entering the Gymnastics Center.
- Only staff and gymnasts are permitted in the gym during class time.
- Gymnasts MUST be appropriate age by the first day of the class.
- Gymnastics coaches reserve the right to place gymnasts into the class best-suited to their abilities. If the coach feels your child has been placed in the wrong class, he or she will notify you of the necessary change.
- No shoes, food and/or drink are allowed in the gym.
- Classes that require consent means that the gymnast has been approved by their instructor to move up to the next level.
- If your gymnast missed one or more sessions, they must be tested in order to re-enter the same level class.
- Please register ahead of time to avoid cancellations!



## Yogi & Boo Boo Bear

Enjoy one-on-one time with your child in a setting that includes climbing, crawling, jumping, balls, parachutes and moving to music. Parental interaction helps your child develop both motor and social skills. Please wear comfortable clothes; no snaps, jeans or overalls.

**Location:** Gymnastic Center **Early Childhood (jp)**  
**Instructor:** Gymnastics Staff **MIN/MAX: 3/5**

Age	Day	Time	Date	R/NR Fee	Code #
12-27mos	Mon	9:15-9:50A	Jun 14-28	\$30/\$45	401204-A1
12-27mos	Mon	9:15-9:50A	Jul 19-Aug 9	\$40/\$60	401204-B1

## Parent Bearnastics

Experience the sport of gymnastics with your tot while also creating lasting memories. This program teaches parents how to spot the basics in gymnastics, as children develop gross motor skills, coordination and body awareness. Class attire: sweats, warm-up suit, shorts/shirts or leotard/shorts.

**Location:** Gymnastic Center **Early Childhood (jp)**  
**Instructor:** Gymnastics Staff **MIN/MAX: 3/5**

Age	Day	Time	Date	R/NR Fee	Code #
28-35mos	Mon	10:15-10:45A	Jun 14-28	\$28/\$42	401206-A1
28-35mos	Mon	10:15-10:45A	Jul 19-Aug 9	\$38/\$57	401206-B1

## Beanies & Teddy Bears

Co-ed

This introduction to gymnastics class focuses on self-confidence, body awareness/gross motor skills, basic tumbling, and introduction to gymnastics equipment. You will be notified if the gymnastics instructor feels your child has been placed in the incorrect class. Our goal is to provide a fun and safe environment where your child can excel and build self-confidence.

**Location:** Gymnastic Center **Gymnastics (jp)**  
**Instructor:** Gymnastics Staff **MIN/MAX: 3/5**

Age	Day	Time	Date	R/NR Fee	Code #
3	Mon	11:15-11:50A	Jun 14-28	\$28/\$42	407102-A1
3	Sat	9-9:35A	Jun 19-Jul 3	\$28/\$42	407102-A2
3	Mon	11:15-11:50A	Jul 19-Aug 9	\$38/\$57	407102-B1
3	Sat	9-9:35A	Jul 24-Aug 14	\$38/\$57	407102-B2

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## Koala Bears

Co-ed

Intro classes are the first levels without parent participation. Focus is on gross motor skills, confidence and independence. Age-appropriate tumbling skills that are introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Children are also introduced to basic skills on vault, bars, beam and floor. Skill circuits are introduced on all equipment.

**Location:** Gymnastic Center **Gymnastics (jp)**  
**Instructor:** Gymnastics Staff **MIN/MAX: 3/5**

Age	Day	Time	Date	R/NR Fee	Code #
Pre K	Tue	11-11:45A	Jun 15-29	\$32/\$48	407104-A1
Pre K	Thu	9:15-10A	Jun 17-Jul 1	\$32/\$48	407104-A2
Pre K	Tue	11-11:45A	Jul 20-Aug 10	\$42/\$62	407104-B1
Pre K	Thu	9:15-10A	Jul 22-Aug 12	\$42/\$62	407104-B2

## Koala & Kodiak Bears

Co-ed

Intro classes are the first levels without parent participation. Focus is on gross motor skills, confidence and independence. Age-appropriate tumbling skills that are introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Children are introduced to basic skills on vault, bars, beam and floor and rings for boys. Skill circuits are introduced on all equipment.

**Location:** Gymnastics Center **Gymnastics (jp)**  
**Instructor:** Gymnastics Staff **MIN/MAX: 3/5**

Age	Day	Time	Date	R/NR Fee	Code #
Pre K & K	Sat	10-10:45A	Jun 19-Jul 3	\$32/\$48	407105-A1
Pre K & K	Sat	10-10:45A	Jul 24-Aug 14	\$42/\$62	407105-B1

## Kodiak Bears

Co-ed

Intro classes are the first levels without parent participation. Focus is on gross motor skills, confidence and independence. Age appropriate tumbling skills that will be introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Children will be introduced to basic skills on vault, bars, beam and floor. Skill circuits will be introduced on all equipment.

**Location:** Gymnastic Center **Gymnastics (jp)**  
**Instructor:** Gymnastics Staff **MIN/MAX: 3/5**

Age	Day	Time	Date	R/NR Fee	Code #
K	Wed	11A-12P	Jun 16-30	\$35/\$53	407201-A1
K	Thu	10:30-11:30A	Jun 17-Jul 1	\$35/\$53	407201-A2
K	Wed	11A-12P	Jul 21-Aug 11	\$47/\$67	407201-B1
K	Thu	10:30-11:30A	Jul 22-Aug 12	\$47/\$67	407201-B2





# Youth Fitness & Sports

## Beginners 1

### Girls

This intro class focuses on gross motor skills, confidence and independence. Age-appropriate tumbling skills introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Girls are introduced to basic skills on vault, bars, beam and floor. Skill circuits are introduced on all equipment.

**Location:** Gymnastics Center  
**Instructor:** Gymnastics Staff

**Gymnastics (jp)**  
**MIN/MAX:** 3/5

Age	Day	Time	Date	R/NR Fee	Code #
6-14	Tue	9-10:30A	Jun 15-29	\$53/\$73	407202-A1
6-14	Tue	7:15-8:45P	Jun 15-29	\$53/\$73	407202-A2
6-14	Wed	9-10:30A	Jun 16-30	\$53/\$73	407202-A3
6-14	Tue	9-10:30A	Jul 20-Aug 10	\$70/\$90	407202-B1
6-14	Tue	7:15-8:45P	Jul 20-Aug 10	\$70/\$90	407202-B2
6-14	Wed	9-10:30A	Jul 21-Aug 11	\$70/\$90	407202-B3

## Beginners 2

### Consent Required | Girls

With the basic skills learned in the intro classes, more difficult skills are introduced in the advanced levels, including handstands to handstand rolls, one-arm cartwheels to round-offs, back bends to back walkovers, front limbers, and cartwheels on low beam. Advanced classes focus on technique, strength, flexibility and advancement of skills in tumbling and on gymnastics equipment. Skill circuits on all equipment are completed in each level.

**Location:** Gymnastic Center  
**Instructor:** Gymnastics Staff

**Gymnastics (jp)**  
**MIN/MAX:** 3/5

Age	Day	Time	Date	R/NR Fee	Code #
6-13	M	9-10:30A	Jun 15-29	\$53/73	407203-A1
6-13	M	9-10:30A	Jul 20-Aug 10	\$70/90	407203-B1

## Beginners 2/3

### Consent Required | Girls

This advanced level class focuses on technique, strength, flexibility and advancement of skills in tumbling and on gymnastics equipment. You will be notified if the gymnastics instructor feels your child has been placed in the incorrect class. Our goal is to provide a fun and safe environment where your child can excel and build self-confidence.

**Location:** Gymnastic Center  
**Instructor:** Gymnastics Staff

**MIN/MAX:** 3/5

Age	Day	Time	Date	R/NR Fee	Code #
6-13	Tue	7:15-8:45P	Jun 15-29	\$53/\$73	407204-A1
6-14	Wed	9-10:30A	Jun 16-30	\$53/\$73	407204-A2
6-14	Sat	11A-12:30P	Jun 19-Jul 3	\$53/\$73	407204-A3
6-13	Tue	7:15-8:45P	Jul 20-Aug 10	\$70/\$90	407204-B1
6-14	Wed	9-10:30A	Jul 21-Aug 11	\$70/\$90	407204-B2
6-14	Sat	11A-12:30P	Jul 24-Aug 14	\$70/\$90	407204-B3



## Gold Gymnastics Camp 😊

### Girls

Gymnasts are exposed to all facets of the sport in a positive and fun environment. Camp includes five formal class instructions (vault, bars, beam, floor and dance). Bring the following to camp daily: lunch, water bottle, hand sanitizer, mask and grips.

**Location:** Gymnastic Center  
**Instructor:** Gymnastics Staff

**Youth (jp)**  
**MIN/MAX:** 20/30

Age	Day	Time	Date	R/NR Fee	Code #
6-12	Tue-Fri	8:30A-1P	Jul 6-9	\$89/\$109	402802-A1

## Jelly Bean T-Ball

Are you ready for your child to experience the most fun possible while learning about T-ball? This developmental, preparatory program uses bubbles, foam noodles, squishy balls, colorful bases, and a cast of cartoon characters help teach kids a silly baseball language. This makes learning fun and keeps T-ball simple for your child. Please bring a baseball mitt.

**Location:** Westfield Gym  
**Instructor:** Coach Pickles

**Early Childhood (ct)**  
**MIN/MAX: 6/14**

Age	Day	Time	Date	R/NR Fee	Code #
5-7	Thu	6:15-7P	Jun 3-24	\$80/\$100	401303-A2
5-7	Thu	6:15-7P	Jul 1-22	\$80/\$100	401303-A4
5-7	Thu	6:15-7P	Jul 29-Aug 19	\$80/\$100	401303-A6



## Jelly Bean Sport Shorts

A great first introduction! Each week, a new sport is introduced through fun characters, animation, parachutes, bubbles, rings and cones to complement this one-of-a-kind early learning sports experience.

**Location:** Westfield Gym  
**Instructor:** Coach Pickles

**Early Childhood (ct)**  
**MIN/MAX: 6/14**

Age	Day	Time	Date	R/NR Fee	Code #
5-7	Fri	6:15-7P	Jul 9-30	\$80/\$100	401306-A2
5-7	Fri	6:15-7P	Aug 6-27	\$80/\$100	401306-B2

## Jelly Bean Soccer Prep

Just short of your child doing backflips, you can expect him or her to be begging to come back after every class! The Jelly Bean Way is to keep soccer simple and make learning fun. We help children of every skill level learn how to take to coaching and work both individually and collectively with a group.

**Location:** Westfield Gym  
**Instructor:** Coach Pickles

**Early Childhood (ct)**  
**MIN/MAX: 6/14**

Age	Day	Time	Date	R/NR Fee	Code #
5-7	Fri	6:15-7P	Jun 4-25	\$80/\$100	401308-B1

## Tennis Lessons 😊

Learn the fundamentals of tennis this summer with the certified tennis instructors of Centre Court Athletic Club! Whether you are new to tennis or have taken lessons before, you will have a blast! Participants learn all the fundamentals of tennis including volleys, ground strokes and serve. All classes (except 4–6-year-olds) will be able to rally several balls and play matches by the end of the session. Students should have closed-toe shoes, water bottle and a tennis racket.

**Location:** Lakeview Park  
**Instructor:** Centre Court Athletic Club

**Youth (ct)**  
**MIN/MAX: 4/6**

Age	Day	Time	Date	R/NR Fee	Code #
4-6	Tue & Thu	9-10A	Jun 22-Jul 15	\$208/\$228	402305-A1
4-6	Sun	9-10A	Jun 27-Aug 15	\$182/\$202	402305-B1
4-6	Tue & Thu	9-10A	Jul 20-Aug 12	\$208/\$228	402305-C1
7-9	Tue & Thu	10-11A	Jun 22-Jul 15	\$208/\$228	402305-D1
7-9	Sun	10-11A	Jun 27-Aug 15	\$182/\$202	402305-E1
7-9	Tue & Thu	10-11A	Jul 20-Aug 12	\$208/\$228	402305-F1
9-11	Tue & Thu	11A-12P	Jun 22-Jul 15	\$208/\$228	402305-G1
9-11	Sun	11A-12P	Jun 27-Aug 15	\$182/\$202	402305-H1
9-11	Tue & Thu	11A-12P	Jul 20-Aug 12	\$208/\$228	402305-I1
10-14	Tue & Thu	12-1P	Jun 22-Jul 15	\$208/\$228	402305-J1
10-14	Sun	12-1P	Jun 27-Aug 15	\$182/\$202	402305-K1
10-14	Tue & Thu	12-1P	Jul 20-Aug 12	\$182/\$202	402305-L1
15-99	Tue & Thu	1-2P	Jun 22-Jul 15	\$208/\$228	402305-M1
15-99	Sun	1-2P	Jun 27-Aug 15	\$182/\$202	402305-M2
15-99	Tue & Thu	1-2P	Jul 20-Aug 12	\$182/\$202	402305-M3



Through a cooperative agreement, additional Tennis Lessons are available at Centre Court Athletic Club in Hanover Park. Contact Chris, [chris@bloomingdaleparks.org](mailto:chris@bloomingdaleparks.org), for information.



# Youth Fitness & Sports

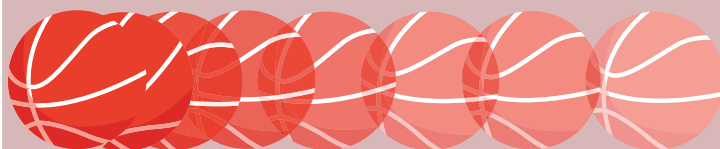
## Summer Basketball League

This league is for players looking to have fun and play basketball. Teamwork and fun are emphasized. Practices are held for one hour in the evenings during the week. All players receive awards and players use uniforms from the winter season. Volunteer coaches are needed. Bloomingdale home games will be played on Sunday but surrounding towns could play on Saturdays. Contact Chris Tompkins at [chris@bloomingdaleparks.org](mailto:chris@bloomingdaleparks.org) for more information.

**Location:** Westfield Gym  
**Instructor:** Volunteer

**Youth (ct)**  
**MIN/MAX:** 8/10

Age	Day	Time	Date	R/NR Fee	Code #
6-7	Mon-Sun	Varies	Jun 6-Aug 8	\$75/\$95	402369-A1
8-9	Mon-Sun	Varies	Jun 6-Aug 8	\$145/\$165	402369-A2
10-11	Mon-Sun	Varies	Jun 6-Aug 8	\$145/\$165	402369-A3
12-14	Mon-Sun	Varies	Jun 6-Aug 8	\$145/\$165	402369-A4
8-9	Mon-Sun	Varies	Jun 6-Aug 8	\$145/\$165	402369-A5
10-11	Mon-Sun	Varies	Jun 6-Aug 8	\$145/\$165	402369-A6
12-14	Mon-Sun	Varies	Jun 6-Aug 8	\$145/\$165	402369-A7



## VTBT Father & Son Camp 😊

This FREE Father/Child basketball camp is designed to spend the morning together learning the game of basketball from former professional basketball player, collegiate All-American and Hall of Famer. Each father/child team will learn new techniques and skills to utilize when working together in the future. Fathers will also receive some teaching strategies to help their child improve in basketball. The camp will emphasize skill development while incorporating fun contests and competitions. This father/child experience is one that will surely be remembered for a lifetime.

**Location:** JRC Gym  
**Instructor:** Vincent Thomas

**Youth (ct)**  
**MIN/MAX:** 8/15

Age	Day	Time	Date	R/NR Fee	Code #
8-99	Sun	9-10:30A	Jun 20	\$Free/\$Free	402398-A1

## Hot Shots Basketball

Boys and girls enjoy learning the skills to advance in the world of basketball. Through games and drills, participants practice dribbling, passing, shooting and positions while learning the importance of teamwork. Kids have a ton of fun enhancing their skill level!

**Location:** Westfield Gym  
**Instructor:** Sports R Us

**Youth (ct)**  
**MIN/MAX:** 8/16

Age	Day	Time	Date	R/NR Fee	Code #
6-8	Tue	5-6P	Jun 8-Jul 13	\$69/\$89	402314-A1
6-8	Tue	5-6P	Jul 27-Aug 31	\$69/\$89	402314-A2

## Fencing For All

This class offers students the basic understanding of attack and defense in fencing. Register with family members or friends to increase the fun! Additional family members can receive a 50% discount when registering together. Instructor considers the height and ability of each fencer. Fencing is one of the few sports that already practices social distancing. However, due to the contagious and asymptomatic nature of coronavirus, fencers must choose to rent personal equipment for the session or to purchase their own basic set (est. \$140). This is also true for additional family members who received a 50% discount on registration fees. To rent a personal set of equipment, contact Fencing Sports Club on voice only number 630-678-0035 to share body size and then you will simply attend the first class of the beginner session. When you rent a set, no one is guaranteed perfect fitting club equipment. The set given to our fencer is at the discretion of the instructor. If you prefer to purchase a personal beginner set, the club is happy to quickly assist with ordering from Blue Gauntlet. Participant must attend first class with their new set in hand. At the end of session, you may have the club buy your equipment at 50% of purchase price.

**Location:** Westfield Gym  
**Instructor:** Tracy Lapshin

**Youth (ct)**  
**MIN/MAX:** 5/10

Age	Day	Time	Date	R/NR Fee	Code #
8-Adult	Thu	5-5:45P	Jul 15-Aug 5	\$40/\$60	402375-A1
8-Adult	Thu	5-5:45P	Aug 12-Sep 2	\$40/\$60	402375-A3
<b>Add'l Family Member</b>					
8-Adult	Thu	5-5:45P	Jul 15-Aug 5	\$20/\$40	402375-A2
8-Adult	Thu	5-5:45P	Aug 12-Sep 2	\$20/\$40	402375-A4



## Volleykidz Camp

Volleykidz is an introductory camp for children in first through third grade. The lesson plan introduces the pass, set and spike using a very light volleyball. Volleykidz improves each child's hand/eye coordination and left/right coordination through the use of fun drills and gross motor games. Lesson plan also incorporates short educational drills including spelling, math and science. Canceled classes are made up on Friday.

**Location:** Westfield Gym **Youth (ct)**  
**Instructor:** EVP Staff **MIN/MAX:** 6/10

Age	Day	Time	Date	R/NR Fee	Code #
7-9	Mon-Thu	8-9A	Jun 21-24	\$76/\$96	402383-A1
7-9	Mon-Thu	8-9A	Jul 26-29	\$76/\$96	402383-B1
7-9	Mon-Thu	4-5P	Aug 16-19	\$76/\$96	402383-C1
9-11	Mon-Thu	9-11A	Jun 21-24	\$99/\$119	402383-D1
9-11	Mon-Thu	9-11A	Jul 26-29	\$99/\$119	402383-E1
9-11	Mon-Thu	5-7P	Aug 16-19	\$99/\$119	402383-F1

## EVP Volleyball Camp

It's time to take your volleyball game to the beach. A camp hosted by the EVP Volleyball Professionals features all the latest drills and training techniques that build your skills for the next level. Lots of contests and games too, with fun and active instructors! Camp concentrates on the fundamentals of passing, setting, serving and spiking. Participants learn to overhand serve and play organized games. The lesson plan directs individual training that helps each student reach a new level. This four-day camp is for grades seventh, eighth and ninth. Canceled classes are made up on Friday.

**Location:** Westfield Gym **Youth (ct)**  
**Instructor:** EVP Staff **MIN/MAX:** 6/10

Age	Day	Time	Date	R/NR Fee	Code #
11-13	Mon-Thu	9-11A	Jun 21-24	\$99/\$119	402389-A1
11-13	Mon-Thu	9-11A	Jul 26-29	\$99/\$119	402389-A2
11-13	Mon-Thu	5-7P	Aug 16-19	\$99/\$119	402389-A3

## Baseball 101

Players work on technique and enhancing form in this comprehensive skills clinic. This program teaches throwing mechanics as well as batting stance, bat positioning and speed, using both live pitching and hitting off the tee. Players learn various positions in the field through game play and basic in-game strategy. Players should bring their own gloves, and be ready for a fun, fast-paced learning environment.

**Location:** Circle Park **Youth (ct)**  
**Instructor:** Hot Shot Sports **MIN/MAX:** 6/12

Age	Day	Time	Date	R/NR Fee	Code #
7-10	Sat	10:30-11:30A	Jun 12-Jul 17	\$60/\$80	401313-A1
7-10	Sat	10:30-11:30A	Jul 24-Aug 28	\$60/\$80	401313-A2

## Kayak Fishing Camp

Campers receive a great fishing experience from kayaks specifically designed for anglers, gaining access to areas that shore fisherman cannot reach. Class is held at Lakeview Park.

**Location:** Lakeview Park **Youth (rd)**  
**Instructor:** Eric Stark **MIN/MAX:** 3/5

Age	Day	Time	Date	R/NR Fee	Code #
8-12	Wed	8A-3P	Jun 23	\$100/\$120	402556-A1
8-12	Tue	8A-3P	Jul 27	\$100/\$120	402556-A2
8-12	Mon	8A-3P	Aug 2	\$100/\$120	402556-A3



## Lil Runners-Track and Field

Kids are introduced to the sport of track and field using appropriate running and movement games. Each week, kids learn a specific element of track and field all while having fun! Appropriate equipment is used for games and exercises.

**Location:** Circle Park **Youth (rd)**  
**Instructor:** Hot Shot Sports **MIN/MAX:** 6/10

Age	Day	Time	Date	R/NR Fee	Code #
7-10	Sat	11:30A-12:15P	Jun 12-Jul 17	\$60/\$80	402343-A1*
7-10	Sat	11:30A-12:15P	Jul 24-Aug 28	\$60/\$80	402343-B1

\*NO CLASS 7/3

## Youth Badminton 😊

Badminton is such a cool sport to learn at a young age, and although many consider it to be a backyard sport, it is actually very competitive. Coach Esha was ranked No. 2 on her varsity team and would love to teach you the basics of this sport! It's a fun way to get out and learn something new. Learn a drop, smash, clear, net, and such skills, that will make you love badminton!

**Location:** JRC Gym **Youth (ct)**  
**Instructor:** Staff **MIN/MAX:** 4/8

Age	Day	Time	Date	R/NR Fee	Code #
8-10	Sat	12-1P	Jun 5-Jul 24	\$59/\$79	402318-A1
8-10	Sat	1-2P	Jun 5-Jul 24	\$59/\$79	402318-A2
8-10	Mon-Fri	12-2P	Jul 26-30	\$79/\$99	402318-A3

\*NO CLASS 6/12

**See page 26 for On the Go Movement Education!**

# At Home Entertainment eSports

New!

The Bloomingdale Park District is offering an opportunity for players of all ages to participate in esports! Multiple games are available now in partnership with GGLeagues, a recreational esports league based in Chicago.

GGLeagues is an esports tournament platform that specializes in working with organizations to set up and run esports leagues. GGLeagues provides esports leagues and infrastructure to empower communities with the goal of connecting gamers with each other. GGLeagues has worked with universities, park districts and cities across the U.S. and is proud to be partnering with the Bloomingdale Park District to offer esports leagues to its community!

## Summer Season

**Registration Opens:** 05/01/2021

**Registration Closes:** 06/28/2021

**League Launch:** 07/10/2021

**League End:** 08/14/2021

**Cost:** \$30 per person per league

## What you will need:

- Players need to own a console (PlayStation, Xbox, Nintendo, or PC)
- Players need to purchase their own gaming console being used for the league.
- Players need access to the game they chose, as well as wireless internet.

## Games Offered

- Madden21
- Rocket League 1v1
- Rocket League 3v3
- Fortnite 1v1
- Fortnite 2v2
- Super Smash Bros



## Age Divisions

- Youth: 8-12
- Teen: 13-17
- Adult: 18 years and older

## Prizes

Winners of each tournament will be mailed a medal and t-shirt.

## Registration:

Register at <https://www.ggleagues.com/organization/bloomingdale-park-district>. Follow the registration steps to create your account. When selecting the league you wish to join, choose the Bloomingdale Park District as your organization, pay, and start gaming! **Email [info@ggleagues.com](mailto:info@ggleagues.com) for more information.**

