

In-House Spring Soccer



Overview

Bloomington Park District In-House Spring Soccer will run based on current Phase 4 guidelines unless changes occur before March of 2021.

- All participants practice and scrimmage amongst their team only.
- No referees are present for scrimmages.
- Program meets twice a week. One practice and one scrimmage occur during the week.
- All participants need a uniform.
- Volunteer coaches are needed.
- Unless playing soccer, masks must be worn at all times.

Notes: Registration is accepted on a first-come, first-served basis. There are no refunds after March 12, 2021. No exceptions. All children registered by March 1 are assured placement on a team. Player requests are not guaranteed but sibling requests are. Volunteer coaches are needed. Coaches may register on the same dates and times as players. Coaches must complete the Score 6 certification program and criminal background check.

Your source for safe and responsible recreation.

A face mask is required for participants 2 years of age and older. Participants should bring their own water; no water fountains will be available. Participants are encouraged to bring a small personal hand sanitizer to class.

Benefits of youth soccer

- Fitness & Healthy Lifestyle
- Coordination
- Strength Development
- Flexibility
- Social Skills
- Self Confidence
- Politeness
- Work Ethic
- Discipline
- Determination

Fees

Early Resident Registration: \$55

Early Non-resident Registration: \$75

After March 1st

Resident Registration: \$80

Non-resident Registration: \$100

Uniforms

Full Uniform Set	\$45
Jerseys (includes both blue & white)	\$30
Shorts	\$15
Socks	\$10

Soccer Contacts

Position	Name	Email/Phone
Athletics Sup.	Chris Tompkins	chris@bloomingtonparks.org

BLOOMINGDALE LIGHTNING



BLFC TRAVEL SOCCER MISSION

Our mission is to develop each athlete both mentally and physically in the sport of soccer. Our program follows a professional session guide designed at developing the skill of each player throughout their competitive play here in Bloomingtondale.

Foot-skill | Shooting | Passing | Tactics | Goalkeeping

GENERAL PROGRAM INFORMATION

- Boys and girls travel soccer ages u7 to H.S.
- Fall, Winter, Spring and summer programs.
- Professional and licensed coaching.
- Core foot-skill training weekly.
- Winter Futsal training and leagues.
- Weekly Goal keeper training.
- Tryouts in mid May every year.

For more information check us out at www.bloomingtondalefc.com

Score 6 – Pursuing Victory with Honor



Pursuing Victory with Honor®

Score 6 is the CHARACTER COUNTS!-based certification program for coaches, parents, officials and children. This program incorporates the six pillars of character: Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship into youth sports. The primary goal of the program is to build character through these six pillars while teaching the fundamentals of the sport. Please visit www.bloomingtondaleparks.org for more information and to register online.

Score 6 Meeting Dates/Times

Date	Day	Start Time	Location	Code #
March 10	W	6:30	TBD	203319-A3
April 7	W	6:30	TBD	203319-A4
May 12	W	6:30	TBD	203319-A5

Athletic Association Contacts

If you would like any information on any of the athletic organizations in Bloomingtondale, please feel free to call the respective contacts:

Bloomingtondale Park District Athletics Supervisor
Chris Tompkins: 630-529-3650, chris@bloomingtondaleparks.org

Barracuda Swim & Dive Team

Bryen Travis: 630-246-0063, brtravis@aol.com

Bloomingtondale Athletic Club (Football & Cheer)

Frank Bucaro: 630-400-9141 chicago273@aol.com

Bloomingtondale Baseball & Softball Association

Tom Ciccone: 630-802-3294, tciccone1@gmail.com

Bloomingtondale Soccer Organization

Kathy Boebel: 708-606-1037, theboebelfamily@gmail.com

Youth Basketball Association

Janet Sickler: 847-204-6823, mrssicki@yahoo.com

Bloomingtondale Beamers

Jo Peterson: 630-529-3650, jo@bloomingtondaleparks.org

The Bloomingtondale Athletic Club (BAC), Bloomingtondale Baseball & Softball Association (BBSA), and Bloomingtondale FC Travel Soccer are affiliate groups and separate organizations from the Bloomingtondale Park District. The Park District works cooperatively with these organizations to provide and maintain fields and facilities.

Gymnastics...anything but routine!

Sessions

Winter 1 Session

5 Week Program
February 22 - March 27
Early Bird Deadline: February 14

Spring 2 Session

5 Week Program
April 4 - May 22
Early Bird Deadline: February 14

Early Bird Registration

Save \$10 if you register for a session (per child) before February 14
Save \$20 if you register for two sessions (per child) before February 14

Gymnastics at a Glance

Intro to Gymnastics

The age-appropriate tumbling skills that are introduced at these levels include forward and backward rolls, forward and backward straddle rolls, bridges, handstands and cartwheels. Children are introduced to basic skills on vault, bars, beam and floor. Skill circuits are introduced on all equipment.

Beanie/Teddy Bears (co-ed)	3 years old
Koala Bears (co-ed)	Pre-kindergarten
Koala/Kodiak Bear (co-ed)	Pre-kindergarten & Kindergarten
Kodiak Bears (girls)	Kindergarten
Beginner 1 (girls)	1st thru 8th grade

Advanced Level Gymnastics

Registration for consent classes will be taken at the front office only.

With the basic skills learned in the intro classes, more difficult skills are introduced in the advanced levels, including handstands to handstand rolls, one-hand cartwheels to round-offs, back bends to back walkovers, front limbers and cartwheels on low beam. Advanced classes focus on technique, strength, flexibility and advancement of skills in tumbling and on gymnastics equipment. Skill circuits on all events are completed l each level.

*Beginners 2 (girls)	1st thru 8th grade
*Beginners 2/3 (girls)	1st thru 8th grade

Competitive Travel Teams

Instructor's Consent Required

The Beamer Teams are entering their 41st year of competing in the Illinois Park District Gymnastics Conference (IPDGC). Competing teams include Tumbling Team, Training Team, Prep Optional Team and Optional Team. Competitive teams require a year-round commitment. For more information please contact Miss Dawn at bgc.missdawn@gmail.com or Miss Jo at jo@bloomingdaleparks.org or call (630) 529-3650.

Please Note: Tumbling Team and Optional Team parents must attend a Score 6 class prior to their child's participation in gymnastics.



Yogi & Boo Boo Bear

Enjoy one-on-one time with your child in a setting that includes climbing, crawling, jumping, balls, parachutes and moving to music. Parental interaction helps your child develop both motor and social skills. Please wear comfortable clothes; no snaps, jeans or overalls. A face mask is required for participants 2 years and older.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
12-27mos	M	9:00-9:35A	2/22-3/22	\$57/77	201204-A1
12-27mos	M	9:00-9:35A	4/5-5/17	\$75/95	201204-B1

Parent & Bearnastics

Experience the sport of gymnastics with your tot while also creating lasting memories. This program teaches parents how to spot the basics in gymnastics, as children develop gross motor skills, coordination and body awareness. Class attire: sweats, warm-up suit, shorts/shirts or leotard/shorts.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
27-35mos	M	10:00-10:30A	2/22-3/22	\$55/75	201205-A1
27-35mos	M	10:00-10:30A	4/5-5/17	\$73/93	201205-B1

Programs and events are subject to change in accordance with current COVID-19 restrictions and mandates. Please check bloomingdaleparks.org or call the Johnston Recreation Center front desk at 630-529-3650 for the most current program and event information.

Youth Fitness & Sports

Beanies & Teddy Bears

This introduction to gymnastics class focuses on self-confidence, body awareness/gross motor skills, basic tumbling and introduction to gymnastics equipment. You will be notified if the gymnastics instructor feels your child has been placed in the incorrect class. Our goal is to provide a fun and safe environment where your child can excel and build self-confidence.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
3	M	11:00-11:35A	2/22-3/22	\$57/77	207102-A1
3	F	12:15-12:50P	2/26-3/26	\$57/77	207102-A2
3	Sa	9:00-9:35A	2/27-3/27	\$57/77	207102-A3
3	M	11:00-11:35A	4/5-5/17	\$65/85	207102-B1
3	F	12:15-12:50P	4/9-5/21	\$65/85	207102-B2
3	Sa	9:00-9:35A	4/10-5/22	\$65/85	207102-B3

Koala Bears

Co-ed

Intro classes are the first levels without parent participation. Focus is on gross motor skills, confidence and independence. Age appropriate tumbling skills that will be introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Children will be introduced to basic skills on vault, bars, beam and floor. Skill circuits will be introduced on all equipment.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
Pre K	M	12:30-1:15P	2/22-3/22	\$61/81	207104-A1
Pre K	F	11:00-11:45A	2/26-3/26	\$61/81	207104-A2
Pre K	M	12:30-1:15P	4/5-5/17	\$81/101	207104-B1
Pre K	F	11:00-11:45A	4/9-5/21	\$81/101	207104-B2

Koala & Kodiak Bears

Co-ed

Intro classes are the first levels without parent participation. Focus is on gross motor skills, confidence and independence. Age appropriate tumbling skills that will be introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Children will be introduced to basic skills on vault, bars, beam and floor. Skill circuits will be introduced on all equipment.

Location: Jr. Gym

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
Pre K & K	Sa	10:00-10:45A	2/27-3/27	\$61/81	207201-A1
Pre K & K	Sa	10:00-10:45A	4/10-5/22	\$81/101	207201-B1

Kodiak Bears

Co-ed

Intro classes are the first levels without parent participation. Focus is on gross motor skills, confidence and independence. Age appropriate tumbling skills that will be introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Children will be introduced to basic skills on vault, bars, beam and floor. Skill circuits will be introduced on all equipment.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
K	M	2:15-3:15P	2/22-3/22	\$66/86	207202-A1
K	F	9:30-10:30A	2/26-3/26	\$66/86	207202-A2
K	M	2:15-3:15P	4/5-5/17	\$88/108	207202-B1
K	F	9:30-10:30A	4/9-5/21	\$88/108	207202-B2

Beginners 1

Girls

This intro class focuses on gross motor skills, confidence and independence. Age-appropriate tumbling skills introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Girls are introduced to basic skills on vault, bars, beam and floor. Skill circuits are introduced on all equipment.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
6-13	M	4:00-5:00P	2/22-3/22	\$66/86	207204-A1
6-13	Tu	7:30-8:30P	2/23-3/23	\$66/86	207204-A2
6-13	M	4:00-5:00P	4/5-5/17	\$88/108	207204-B1
6-13	Tu	7:30-8:30P	4/6-5/18	\$88/108	207204-B2

Beginners 2

Consent Required | Girls

With the basic skills learned in the intro classes, more difficult skills are introduced in the advanced levels, including handstands to handstand rolls, one-arm cartwheels to round-offs, back bends to back walkovers, front limbers, and cartwheels on low beam. Advanced classes focus on technique, strength, flexibility and advancement of skills in tumbling and on gymnastics equipment. Skill circuits on all equipment are completed in each level.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
6-13	M	4:00-5:00P	2/22-3/22	\$66/86	207205-A1
6-13	M	4:00-5:00P	4/5-5/17	\$88/108	207205-B1

Your source for safe and responsible recreation.

A face mask is required for participants 2 years of age and older. Participants should bring their own water; no water fountains will be available. Participants are encouraged to bring a small personal hand sanitizer to class.

Beginners 1 & 2 🐦

Girls

This intro classes focuses on gross motor skills, confidence and independence. Age-appropriate tumbling skills introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Girls are introduced to basic skills on vault, bars, beam and floor. Skill circuits are introduced on all equipment. With the basic skills learned in the intro classes, more difficult skills are introduced in the advanced levels, including handstands to handstand rolls, one-arm cartwheels to round-offs, back bends to back walkovers, front limbers, and cartwheels on low beam.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
6-13	Sa	11:15-12:15P	2/27-3/27	\$66/86	207211-A1
6-13	Sa	11:15-12:15P	4/10-5/22	\$88/108	207211-B1

Beginners 2/3 🐦

Consent Required | Girls

This advanced level class focuses on technique, strength, flexibility and advancement of skills in tumbling and on gymnastics equipment. You will be notified if the gymnastics instructor feels your child has been placed in the incorrect class. Our goal is to provide a fun and safe environment where your child can excel and build self-confidence.

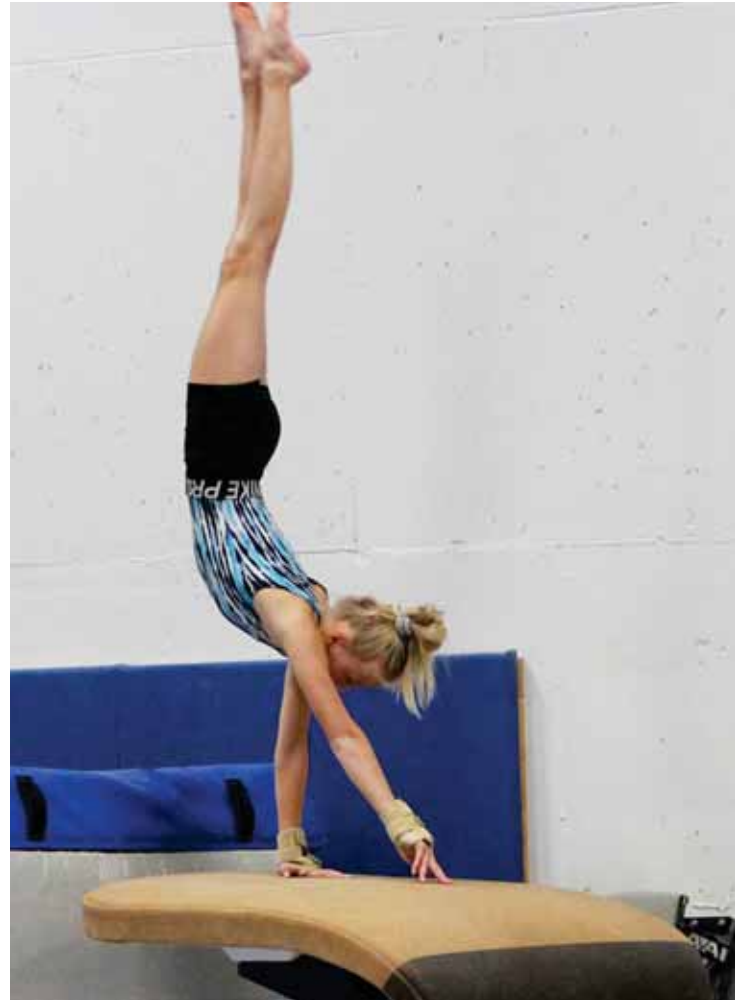
Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Grade	Day	Time	Date	R/NR Fee	Code #
1-8	Tu	7:30-8:30P	2/23-3/23	\$66/86	207207-A1
1-8	W	4:00-5:00P	2/24-3/24	\$66/86	207207-A2
1-8	Tu	7:30-8:30P	4/6-5/18	\$88/108	207207-B1
1-8	W	4:00-5:30P	4/7-5/19	\$88/108	207207-B2

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On the Go Movement Ed

Looking for fun ideas to keep your toddler and/or preschooler active at home? The Gymnastics Program has an exciting at-home On the Go option. Each bag includes most of the supplies you need for the themed movement activities. Parents are emailed a link for the music to download and a list of simple parent-provided supplies. On the Go programs require adult interaction. Contactless delivery is available for Bloomingdale Park District residents ONLY for an additional \$5 fee. If pick-up is selected at registration, bags will be ready for pick-up at the JRC front desk at 9 a.m. on the program start date. Registration deadline is the preceding Monday.

Date	Age	Theme	R/NR Fee	Code #	Deadline
March 19	1-5	Bunny Hoppin Fun	\$15/20	201206-B1	March 15
March 19	1-5	Delivery Bunny	\$20/NA	201206-B2	March 15
April 16	1-5	Spring into Action	\$15/20	201206-C1	April 12
April 16	1-5	Delivery Spring	\$20/NA	201206-C2	April 12
May 14	1-5	Obstacle Course	\$15/20	201206-D1	May 10
May 14	1-5	Delivery Obstacle	\$20/NA	201206-D2	May 10

**Preschool
Gymnastics
at home!**

Martial Arts

Taekwondo

Taekwondo, an Olympic sport, is a 2000-year-old martial art, offering a variety of benefits for people of all ages and physical abilities. Students improve concentration and self-esteem, achieve lifelong physical fitness, and learn self-defense skills. Classes are taught under the direction of G. Master Ki Hong Kim* (9th Dan Kukkiwon World Taekwondo Headquarters). A \$45 uniform fee is required at the first class. Belt testing is offered through The KH Kim Taekwondo at an additional fee and is held twice a year. All colored belt students are required to have complete sparring gear.

Little Dragons

This introductory class is designed to captivate the interest of the youngest Taekwondo students. Skills are developed through gentle instruction and appropriate games for their ability. Class focuses on developing balance, coordination and respect. Students improve concentration and self-esteem, achieve lifelong physical fitness and learn self-defense skills.

Location: JRC Lounge
Instructor: KH KIM TAEKWONDO **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
4-5	Sa	10:00-10:40A	2/27-3/27	\$53/73	202106-A1
4-5	Sa	10:00-10:40A	4/10-6/12	\$105/127	202106-B1
4-5	Sa	10:00-10:40A	4/10-6/12	\$105/127	202106-V2

Early Taekwondo

Designed especially for young children of ages 6-7, this program develops conditioning, coordination, listening skills and self-confidence through creative activities. Students improve concentration and self-esteem, achieve lifelong physical fitness and learn self-defense skills.

Location: JRC Lounge
Instructor: KH KIM TAEKWONDO **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
6-7	Sa	10:45-11:35A	2/27-3/27	\$53/73	202107-A1
6-7	Sa	10:45-11:35A	4/10-6/12	\$105/127	202107-B1
6-7	Sa	10:45-11:35A	4/10-6/12	\$105/127	202107-V2

Youth Taekwondo

This program for ages 8-13 includes a balanced cardiovascular workout including punching, kicking and blocking skills using Taekwondo tradition.

Location: JRC Lounge
Instructor: KH KIM TAEKWONDO **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
8-13	Sa	11:40-12:30P	2/27-3/27	\$53/73	202108-A1
8-13	Sa	11:40-12:30P	4/10-6/12	\$105/127	202108-B1
8-13	Sa	11:40-12:30P	4/10-6/12	\$105/127	202108-V2

Programs and events are subject to change in accordance with current COVID-19 restrictions and mandates. Please check bloomingdaleparks.org or call the Johnston Recreation Center front desk at 630-529-3650 for the most current program and event information.



Teen & Adult Taekwondo

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms and stances and the skills of punching, kicking and blocking.

Location: JRC Lounge
Instructor: KH KIM TAEKWONDO **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
Adult	Sa	9:00-9:55A	2/27-3/27	\$53/73	203105-A1
Adult	Sa	9:00-9:55A	4/10-6/12	\$105/127	203105-B1

Parent/Child Taekwondo

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics and traditional Taekwondo techniques including punching, kicking and blocking. Students improve concentration and self-esteem, achieve lifelong physical fitness and learn self-defense skills.

Location: JRC Lounge
Instructor: KH KIM TAEKWONDO **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
Adult	Sa	9:00-9:55A	2/27-3/27	\$53/73	202109-A1
Adult	Sa	9:00-9:55A	4/10-6/12	\$105/127	202109-B1
Adult	Sa	9:00-9:55A	4/10-6/12	\$105/127	202109-V2

Sullivan's Karate

Sullivan's Karate offers both mental and physical benefits. Physical strength, speed, agility and coordination are developed along with self-confidence, respect and a positive self-image. A1 and A2 are for Beginners (white & yellow belts), and A3 is for Advanced (green belts and above).

Location: JRC Lounge
Instructor: Matthew Sullivan **MIN/MAX:** 4/10

Age	Day	Time	Date	R/NR Fee	Code #
4-8	Th	6:00-6:45P	2/25-3/25	\$25/45	202326-A1
9-16	Th	6:45-7:30P	2/25-3/25	\$25/45	202326-A2
9-16	Th	7:30-8:15P	2/25-3/25	\$25/45	202326-A3

Hot Shots Basketball

Boys and girls enjoy learning the skills to advance in the world of basketball. Through games and drills, participants practice dribbling, passing, shooting and positions while learning the importance of teamwork. Kids have a ton of fun enhancing their skill level!

Location: Westfield Gym

Instructor: Sports R Us

MIN/MAX: 6/10

Age	Day	Time	Date	R/NR Fee	Code #
6-8	Tu	5:00-6:00P	3/2-4/13*	\$69/89	202306-A2

*NO CLASS 3/30

Basketball 101

Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun!

Location: JRC Gym

Instructor: Hot Shot Sports

MIN/MAX: 6/10

Age	Day	Time	Date	R/NR Fee	Code #
7-10	Sa	4:00-5:00P	2/20-3/27	\$70/90	202319-A1

Basketball Speed/Agility

This six-week basketball class helps participants advance to the next level. Players enhance basics they may have already learned, while also concentrating on teamwork and game strategy. The speed, agility and jump training session is designed to make participants faster, stronger and more agile. Class uses SKLZ equipment, which is highly recommended by multiple coaches and trainers. A scrimmage game is played at the end of each class.

Location: Westfield Gym

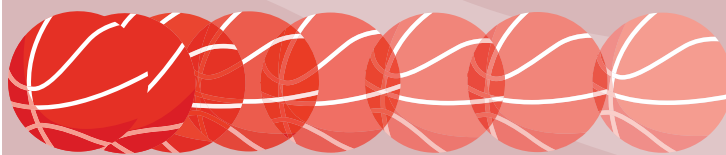
Instructor: Sports R Us

MIN/MAX: 6/10

Age	Day	Time	Date	R/NR Fee	Code #
8-11	Tu	6:15-7:15P	4/20-5/25	\$69/89	202388-A1

Youth Basketball Association

Due to COVID-19, the Bloomingdale Park District Youth Basketball Association is unable to offer its usual comprehensive basketball program. We do hope to offer some sort of modified program for grades 3-8 this winter/spring. If interested, please contact Athletics Supervisor Chris Tompkins at chris@bloomingdaleparks.org with your name, your child's name, child's age, your email and your phone number so that we may start a list of interested participants. Thank you for your patience and interest during these uncertain times.



March Madness Basketball

Participants engage in various basketball activities such as a three-point contest, layup contest, horse competition and dribbling activities. All participants receive a participation medal for the day. Registration deadline is March 8.

Location: JRC

Instructor: Staff

MIN/MAX: 6/10

Grade	Day	Time	Date	R/NR Fee	Code #
1-2	Sa	10:00-12:00P	3/28	\$10/15	204700-A1
3-4	Sa	1:00-3:00P	3/28	\$10/15	204700-A4

Like Mike

Participants will get inspired watching a 50-60-minute Michael Jordan video and then dribble, pass and shoot on the Johnston Recreation Center basketball court. During the video, participants enjoy a snack and drink.

Location: JRC Gym

Instructor: Staff

MIN/MAX: 4/8

Age	Day	Time	Date	R/NR Fee	Code #
8-10	F	6:00-8:00P	2/26	\$15/20	202312-A1

Vince Thomas B-Ball

Players go through a variety of non-contact basketball skill development drills specifically focusing on the areas of physical conditioning, skill development, mental toughness, and in-game execution. Players will be instructed by a former professional basketball player, collegiate All-American and Hall of Famer, USA Basketball Licensed Coach, and a former high school coach. With safety being of most importance, instructor(s) and all players have to wear a mask/face covering (unless a medical condition or disability prevents the player from safely wearing a face covering). Eight players max per camp/session and all players must bring their own water bottle, facial covering and basketball. Visit vtbtbasketball.com for more information.

Location: JRC Gym

Instructor: Vincent Thomas

MIN/MAX: 4/8

Age	Day	Time	Date	R/NR Fee	Code #
10-11	W	4:45-5:45P	2/24-3/17	\$105/125	202310-C1
12-13	W	5:45-6:45P	2/24-3/17	\$105/125	202310-C3
10-11	W	4:45-5:45P	3/31-4/21	\$105/125	202310-D1
12-13	W	5:45-6:45P	3/31-4/21	\$105/125	202310-D3
10-11	W	4:45-5:45P	5/5-5/26	\$105/125	202310-E1
12-13	W	5:45-6:45P	5/5-5/26	\$105/125	202310-E3

Jr Basketball League

This specially-designed league is for kindergarten and first- and second-graders. It features 20-minute practices and 40 minute games on lowered 8-foot baskets. Practices and games take place between 9 and 11 a.m. for kindergarteners and 11 a.m. and 4 p.m. for first- and second-graders on Saturdays. League focus is on fun, skill development and team play. No scores are kept, and coaches help officiate and coach games. All parents must fill out a registration form with T-shirt size and other important information. All little athletes receive a participation medal or trophy.

Location: JRC Gym

Instructor: Volunteer

MIN/MAX: 16/30

Age	Day	Time	Date	R/NR Fee	Code #
5-6	Sa	9:00-11:00A	2/20-3/27	\$59/\$79	102370-A1
7-8	Sa	11:00-3:00P	2/20-3/27	\$59/\$79	102370-B1

Baseball Training Camp

Get ready for the upcoming season. Participants practice throwing, catching, base running, hitting, pitching and fielding strategies. Our speed and agility training session is built to make participants faster, stronger and more agile. We use SKLZ equipment, which is highly recommended by multiple coaches and trainers. Games are played at the end of each class.

Location: Westfield Gym

Instructor: Sports R Us

MIN/MAX: 6/10

Age	Day	Time	Date	R/NR Fee	Code #
6-8	M	5:00-6:00P	3/1-4/12*	\$69/89	202303-C1

*NO CLASS 3/31

VTBT Private Lessons

Vince Thomas Basketball Training (VTBT) offers highly-detailed private training for players to take their game to the next level. Staff develops a plan to help players address their challenges while enhancing their strengths. Players gain knowledge and key fundamentals in the areas of skill development, physical conditioning, mental toughness and in-game execution, thus developing into a more well-rounded player. Due to current State of Illinois Mandates, sports instruction is limited to private coaching sessions. Students work on individual skills at separate baskets. Masks are required. Participants need to bring their own basketball and water. Participants are also encouraged to bring a small personal hand sanitizer to class.

Location: Westfield Gym

Instructor: Vincent Thomas

MIN/MAX: 8/20

Age	Day	Time	Date	R/NR Fee	Code #
(3) private one-hour sessions: \$245					
9-14	M-Su	12:00-12:00A	2/1-3/31	\$245/265	202381-A1
(5) private one-hour sessions: \$383					
9-14	M-Su	12:00-12:00A	2/1-3/31	\$383/403	202381-A4
(10) private one-hour sessions: \$731					
9-14	M-Su	12:00-12:00A	2/1-3/31	\$731/751	202381-A5

Private Hoop Rental

Individuals or parent/child may reserve a basket at Westfield Gym and enjoy a one-hour private basketball hoop rental. Come in as an individual or parent with one child and get access to your own basket. Check the website, bloomingdaleparks.org or call the JRC Front Desk at (630) 529-3650 for availability. Reservations are required.

All patrons must provide their own basketball. Due to the current State of Illinois Mandates, masks are required and participants must remain at least 6 feet apart. Participants need to bring their own water, as no water fountains will be available. Participants are encouraged to bring a small personal hand sanitizer to class.

Ages: 11+ or Parent/child

Days: Vary

Time: Vary

Location: Westfield Gym

Fee: \$5R/\$7NR

Fencing For All

This class offers students the basic understanding of attack and defense in fencing. Register with family members or friends to increase the fun! Additional family members receive a 50% discount when registering together. Instructor considers the height and ability of each fencer. Fencing is one of the few sports that already practices social distancing. However, due to the contagious and asymptomatic nature of coronavirus, fencers must choose to rent personal equipment for the session or to purchase their own basic set (est. \$140).

This is also true for additional family members who received a 50% discount on registration fees. To rent a personal set of equipment, contact Fencing Sports Club on voice only number 630-678-0035 to share body size and then you will simply attend the first class of the beginner session. When you rent a set, no one is guaranteed perfect fitting club equipment. The set given to our fencer is at the discretion of the instructor. If you prefer to purchase a personal beginner set, the club is happy to quickly assist with ordering from Blue Gauntlet. Participant must attend first class with their new set in hand. At the end of session, you may have the club buy your equipment at 50% of purchase price.

Location: Westfield Gym

Instructor: Tracy Lapshin

MIN/MAX: 4/8

Age	Day	Time	Date	R/NR Fee	Code #
8-Adult	Th	5:00-5:45P	2/25-4/8*	\$60/80	202382-A2
Add'l Sibling					
8-Adult	Th	5:00-5:45P	2/25-4/8*	\$30/50	202382-B2

*NO CLASS 4/1

Registration Hint – Register Early!

To ensure your class or program runs, please register early! Planning, staffing and running a class all take preparation time, which is why many programs have registration deadlines. We need to know in advance how many people to buy supplies for, or how many spaces to reserve, etc. When in doubt, always register as you could be the one that makes the class run!

Nerf Football

Tackle the fun with this instructional, non-contact class. Using mini-sized nerf-like footballs along with the introduction of flags, players learn the skills to get them started in football. Along with the core skills of passing and catching, players learn the rules and positions on the field, as well as strategies for both offense and defense. Games are played at the end of each class.

Location: Westfield Gym

Instructor: Sports R Us

MIN/MAX: 6/10

Age	Day	Time	Date	R/NR Fee	Code #
5-8	Tu	5:00-6:00P	4/20-5/25	\$69/89	202395-A1

Lil Runners

Kids are introduced to the sport of track and field using appropriate running and movement games. Each week, kids learn a specific element of track and field all while having fun! Appropriate equipment is used for games and exercises.

Location: JRC Gym

Instructor: Hot Shot Sports

MIN/MAX: 5/15

Age	Day	Time	Date	R/NR Fee	Code #
5-7	Sa	11:30-12:15P	3/6-4/10	\$60/80	202483-A2

VOLLEYKIDZ

Volleykidz is an introductory class for children in first through third grade. The lesson plan introduces the pass, set and spike using a very light volleyball. Volleykidz improves each child's hand-eye coordination and left-right coordination through the use of fun drills and games. Lesson plan also incorporates short educational drills including spelling, math and science.

Location: JRC

Instructor: EVP Staff

MIN/MAX: 8/10

Age	Day	Time	Date	R/NR Fee	Code #
6-9	W	4:00-5:00P	2/17-4/7*	\$99/119	202827-A1
6-9	W	4:00-5:00P	4/14-5/26	\$99/119	202827-A2

*NO CLASS 3/31

EVP Youth Volleyball

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. Instructors organize short games at the end of each class. Lesson plan also incorporates short educational drills including spelling, math and science.

Location: JRC

Instructor: EVP Staff

MIN/MAX: 8/10

Age	Day	Time	Date	R/NR Fee	Code #
9-11	W	5:00-6:00P	2/17-4/7*	\$99/119	202828-A1
9-11	W	5:00-6:00P	4/14-5/26*	\$99/119	202828-A2

*NO CLASS 3/31



Volleyball Skills & Drills

Reach the next level of volleyball with 60 minutes of drills in setting, passing and spiking. Players learn to overhand serve and develop a good understanding of each position on offense and defense. The lesson plan directs the use of self-mastery training as well as game situation drills that help each student excel during volleyball games. Instructors organize games at the end of each class.

Location: JRC

Instructor: EVP Staff

MIN/MAX: 8/10

Age	Day	Time	Date	R/NR Fee	Code #
11-14	W	6:00-7:00P	2/17-4/7*	\$99/119	202829-A1
11-14	W	6:00-7:00P	4/14-5/26	\$99/119	202829-A2

*NO CLASS 3/31

EVP Outdoor Volleyball

This summer outdoor volleyball league is perfect to keep your volleyball skills fresh for the upcoming school season. In this co-ed league participants can request to play with a group of friends. Games are scheduled on Thursdays. The youth league will have two levels: 10 to 11 years and 12 to 15 years. Participants learn to overhand serve and play organized games. EVP certified coaches. Game formats are based on skill level of athletes and may include 6-person and 4-person teams.

Location: Circle Park

Instructor: EVP Staff

MIN/MAX: 8/10

Age	Day	Time	Date	R/NR Fee	Code #
10-11	Tu	4:15-6:15P	4/6-4/27	\$99/119	202830-A1
12-15	Tu	4:15-6:15P	4/6-4/27	\$99/119	202830-A2
10-11	Tu	5:00-7:00P	5/4-5/25	\$99/119	202830-A3
12-15	Tu	5:00-7:00P	5/4-5/25	\$99/119	202830-A4