

Bloomington Park District

Gymnastics

Yogi & Boo Boo Bear

Enjoy one-on-one time with your child in a setting that includes climbing, crawling, jumping, balls, parachutes and moving to music. Parental interaction helps your child develop both motor and social skills. Please wear comfortable clothes; no snaps, jeans or overalls.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
1-2	M	9:15-9:50A	7/6-7/20	\$30/45	401204-A1
1-2	M	9:15-9:50A	7/27-8/10	\$30/45	401204-B1

Parent Bearnastics

Experience the sport of gymnastics with your tot while also creating lasting memories. This program teaches parents how to spot the basics in gymnastics, as children develop gross motor skills, coordination and body awareness. Class attire: sweats, warm-up suit, shorts/shirts or leotard/shorts.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
2	M	10:15-10:45A	7/6-7/20	\$27/38	401206-A1
2	M	10:15-10:45A	7/27-8/10	\$27/38	401206-B1

Beanie & Teddy Bears

Co-ed | Ages 3 to 3 yrs. 11 months

This introduction to gymnastics class focuses on self-confidence, body awareness/gross motor skills, basic tumbling and introduction to gymnastics equipment. You will be notified if the gymnastics instructor feels your child has been placed in the incorrect class. Our goal is to provide a fun and safe environment where your child can excel and build self-confidence.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
3	M	11:15-11:50A	7/6-7/20	\$30/45	407102-A1
3	Sa	9:00-9:35A	7/11-7/25	\$30/45	407102-A2
3	M	11:15-11:50A	7/27-8/10	\$30/45	407102-B1
3	Sa	9:00-9:35A	8/1-8/15	\$30/45	407102-B2

Koala Bears

Girls | Pre-Kindergarten Ages 4-5

Intro classes are the first levels without parent participation. Focus is on gross motor skills, confidence and independence. Age-appropriate tumbling skills introduced include straddle rolls, front & back rolls, donkey kicks and cartwheels. Children are introduced to basic skills on vault, bars, beam and floor. Skill circuits are introduced on all equipment.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 3/5

Age	Day	Time	Date	R/NR Fee	Code #
4	Tu	9:15-9:55A	7/7-7/21	\$35/54	407104-A1
4	W	9:15-9:55A	7/8-7/22	\$35/54	407104-A2
4	Tu	9:15-9:55A	7/28-8/11	\$35/54	407104-B1
4	W	9:15-9:55A	7/29-8/12	\$35/54	407104-B2

Koala & Kodiak Bears

Co-ed | Pre-kindergarten & Kindergarten

Intro classes are the first levels without parent participation. Focus is on gross motor skills, confidence and independence. Age-appropriate tumbling skills introduced include straddle rolls, front & back rolls, donkey kicks and cartwheels. Children are introduced to basic skills on vault, bars, beam and floor, and rings for boys. Skill circuits are introduced on all equipment.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 4/10

Age	Day	Time	Date	R/NR Fee	Code #
4-5	Sa	10:05-10:55A	7/11-7/25	\$33/50	407105-A1
4-5	Sa	10:50-10:00A	8/1-8/15	\$33/50	407105-B1

Panda/Polar Bears

Consent Required | Girls

With the basic skills learned in the intro classes, more difficult skills are introduced in the advanced levels, including handstands to handstand rolls, one-arm cartwheels to round-offs, back bends to back walkovers, front limbers, and cartwheels on low beam. Advanced classes focus on technique, strength, flexibility and advancement of skills in tumbling and on gymnastics equipment. Skill circuits on all equipment are completed in each level. Instructor's consent required.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 5/10

Age	Day	Time	Date	R/NR Fee	Code #
4-6	Tu	12:30-1:30P	7/7-7/21	\$36/54	407106-A1
4-6	Tu	12:30-1:30P	7/28-8/11	\$36/54	407106-B1



Bloomington Park District

Gymnastics



Kodiak Bears

Kindergarten Ages 5 to 6

Intro classes are the first levels without parent participation. Focus is on gross motor skills, confidence and independence. Age-appropriate tumbling skills introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Children are introduced to basic skills on vault, bars, floor and rings. Skill circuits are introduced on all equipment.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 4/10

Age	Day	Time	Date	R/NR Fee	Code #
5-6	Tu	10:30-11:30A	7/7-7/21	\$36/54	407201-A1
5-6	W	10:30-11:30A	7/8-7/22	\$36/54	407201-A2
5-6	Tu	10:30-11:20A	7/28-8/11	\$36/54	407201-B1
5-6	W	10:30-11:30A	7/29-8/12	\$36/54	407201-B2

Beginners I & 2

Girls | 1st grade & up

This intro classes focuses on gross motor skills, confidence and independence. Age-appropriate tumbling skills introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Girls are introduced to basic skills on vault, bars, beam and floor. Skill circuits are introduced on all equipment. With the basic skills learned in the intro classes, more difficult skills are introduced in the advanced levels, including handstands to handstand rolls, one-arm cartwheels to round-offs, back bends to back walkovers, front limbers, and cartwheels on low beam.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 5/10

Age	Day	Time	Date	R/NR Fee	Code #
6-13	M	12:30-1:30P	7/6-7/20	\$36/54	407203-A1
6-13	W	12:30-1:30P	7/8-7/22	\$36/54	407203-A2
6-13	M	12:30-1:30P	7/27-8/10	\$36/54	407203-B1
6-13	W	12:30-1:30P	7/29-8/12	\$36/54	407203-B2

Beginners Levels 1-3

Girls | 1st grade & up

This intro classes focuses on gross motor skills, confidence and independence. Age-appropriate tumbling skills introduced include straddle rolls, front & back rolls, donkey kicks, and cartwheels. Girls are introduced to basic skills on vault, bars, beam and floor. Skill circuits are introduced on all equipment. With the basic skills learned in the intro classes, more difficult skills are introduced in the advanced levels, including handstands to handstand rolls, one-arm cartwheels to round-offs, back bends to back walkovers, front limbers, and cartwheels on low beam.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 5/10

Age	Day	Time	Date	R/NR Fee	Code #
6-13	Tu	7:00-8:00P	7/7-7/21	\$36/54	407204-A1

Beg. 3 & Intermediates

Consent Required | Girls | 1st grade & up

This advanced level class focuses on technique, strength, flexibility and advancement of skills in tumbling and on gymnastics equipment. You will be notified if the gymnastics instructor feels your child has been placed in the incorrect class. Our goal is to provide a fun and safe environment where your child can excel and build self-confidence.

Location: Gymnastic Center

Instructor: Gymnastics Staff

MIN/MAX: 5/10

Age	Day	Time	Date	R/NR Fee	Code #
6-13	Tu	2:00-3:00P	7/7-7/21	\$36/54	407205-A1
6-13	W	2:00-3:00P	7/8-7/22	\$36/54	407205-A2
6-13	Tu	2:00-3:00P	7/28-8/11	\$36/54	407205-B1
6-13	W	2:00-3:00P	7/29-8/12	\$36/54	407205-B2