

# Bloomingtondale Park District

## Youth Volleyball

### Volleykidz Camp

Volleykidz is an introductory camp for children in first through third grade. The lesson plan introduces the pass, set and spike using a very light volleyball. Volleykidz improves each child's hand-eye coordination and left-right coordination through the use of fun drills and gross motor games. Lesson plan also incorporates short educational drills including spelling, math and science. Cancelled classes are made up on Friday.

**Location:** Westfield Gym

**Instructor:** EVP Staff **MIN/MAX:** 5/10

Grade	Day	Time	Date	R/NR Fee	Code #
1-3	M-Th	8:00-9:00A	7/27-7/30	\$76/96	402383-B1
1-3	M-Th	4:00-5:00P	8/3-8/6	\$76/96	402383-C1
4-6	M-Th	9:00-11:00A	7/27-7/30	\$99/119	402383-E1
4-6	M-Th	5:00-7:00P	8/3-8/6	\$99/119	402383-F1

### Volleyball Juniors

Volleykidz is an introductory class for children in first through third grade. The lesson plan introduces the pass, set and spike using a very light volleyball. Volleykidz improves each child's hand-eye coordination and left-right coordination through the use of fun drills and games. Lesson plan also incorporates short educational drills including spelling, math and science.

**Location:** Westfield Gym

**Instructor:** EVP Staff **MIN/MAX:** 5/10

Grade	Day	Time	Date	R/NR Fee	Code #
1-3	Tu	4:00-5:30P	8/4-8/25	\$99/119	402377-C1



**Indoors, a mask is required for participants 2 years and older. The mask may be removed during exercise and physical activity while maintaining social distancing.**

**Participants should bring their own water; no water fountains will be available. Participants are encouraged to bring a small personal hand sanitizer to class.**

### Volleyball Youth

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. Instructors organize short games at the end of each class. Lesson plan also incorporates short educational drills including spelling, math and science.

**Location:** Westfield Gym

**Instructor:** EVP Staff **MIN/MAX:** 5/10

Grade	Day	Time	Date	R/NR Fee	Code #
4-5	Tu	5:30-7:00P	8/4-8/25	\$99/119	402378-B1

### EVP Volleyball Camp

It's time to take your volleyball game to the beach. A camp hosted by the EVP Volleyball Professionals features all the latest drills and training techniques that build your skills for the next level. Lots of contests and games too, with fun and active instructors! Camp concentrates on the fundamentals of passing, setting, serving and spiking. Participants learn to overhand serve and play organized games. The lesson plan directs individual training that helps each student reach a new level. This four-day camp is for grades seventh, eighth and ninth. Canceled classes are made up on Friday.

**Location:** Westfield Gym

**Instructor:** EVP Staff **MIN/MAX:** 5/10

Grade	Day	Time	Date	R/NR Fee	Code #
7-9	M-Th	9:00-11:00A	7/27-7/30	\$99/119	402389-A2
7-9	M-Th	5:00-7:00P	8/3-8/6	\$99/119	402389-A3